Healthier Communities
Complete Streets
Proposition: Complete Streets Make Us Healthier

Your neighborhood should not be hazardous to your health.
"...the median increase in physical activity across the effect measures was 35%."
**Reduce Injury**

**SMALL INCREASES in vehicle speed put pedestrians at much GREATER RISK OF DEATH**

<table>
<thead>
<tr>
<th>Speed (mph)</th>
<th>Pedestrian Deaths / 100 Automobile-Pedestrian Collisions</th>
</tr>
</thead>
<tbody>
<tr>
<td>20</td>
<td>AT 20 MPH, THE RISK OF DEATH IS 6%</td>
</tr>
<tr>
<td>30</td>
<td>THE RISK OF DEATH AT 30 MPH IS 19% 3 TIMES GREATER THAN 20 MPH</td>
</tr>
<tr>
<td>45</td>
<td>THE RISK OF DEATH AT 45 MPH IS 65% 11 TIMES GREATER THAN 20 MPH</td>
</tr>
</tbody>
</table>

Source - Public Health Impact: Community Speed Reduction. December 2013
Traffic-related air pollution is associated with both short- and long-term health impacts.
“As compared with other primates, humans have especially visible eyes.”

Source - Reliance on head versus eyes in the gaze following of great apes and human infants: the cooperative eye hypothesis. 2007.
Appreciation

...especially for those who are most vulnerable.
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Health begins where we live, learn, work, play, and gather.
James Errickson, Executive Director

Department of Planning and Development
City of Everett
Doug Halley, Director

Public Health Department/
CrossTown Connect
Town of Acton
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