

MEDFORD FOOD SECURITY PLAN

*"Ending hunger is a community-wide effort.
We believe that everyone plays a role in ending hunger.
It takes many individuals and organizations at the table to share ideas,
perspectives, resources, and solutions in a way that fits the unique needs of each
community. It also takes knowledge of what obstacles remain."*

--Greater Boston Food Bank, Roadmap to End Hunger, 2018



**By the Medford Food Security
Taskforce**

Published September 27th, 2019

SUMMARY

Access to affordable, healthy, culturally appropriate, nutritionally balanced meals is a human right. No one should have to skip meals to feed a child or decide between buying food and paying for rent. Yet one in nine Medford residents will experience food insecurity this year. About two-thirds of those suffering from food insecurity are children, and many are seniors. Members of racial and ethnic minorities and recent immigrants are more likely to experience food insecurity. Unfortunately, emergency and transitional food assistance programs serving Medford are not reaching all who need assistance.

With a deep tradition of volunteerism and civic service, Medford has the resources to eliminate food insecurity and ensure everyone has access to nutritious food without stigma or fear. The Medford Food Security Plan outlines a roadmap for eliminating food insecurity in our City, and aims to foster a culture of healthy eating for all Medford residents through four action areas:

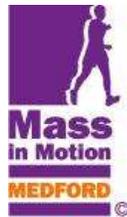
1. Raising awareness of food insecurity in Medford and reducing stigma attached to those seeking food assistance
2. Removing systemic barriers to food security by addressing the root causes of food insecurity
3. Improving access to food assistance systems to those in emergency and transitional circumstances
4. Supporting and bolstering the local food economy to meet community needs

This Plan is based on ideas and insights from the Medford Food Security Taskforce, a roundtable of social service providers, public employees, elected officials, community advocates, religious leaders and business owners concerned with food security.

Already, Taskforce members have collaborated and mobilized to start new programs in the City.

ACKNOWLEDGMENTS

Thank you to all Medford Food Security Taskforce members - a community group of volunteers, community members, and representatives from organizations - who attended meetings, events and gave input into this document. Special thanks to Martha Ondras and Andreeanne Breton-Carbonneau who dedicated several hours to this document.



MEDFORD HOUSING AUTHORITY



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ABOUT THE TASKFORCE

The Medford Food Security Taskforce is a community group of volunteers, community members, and representatives from organizations that work on hunger and health related services for Medford residents. The group began meeting in Fall 2017 to combine efforts on getting Medford residents better access to food. Several collaborations have been born out of the partnerships that were formed right away; the group simultaneously has been working on this Plan and how to move forward to reduce hunger.

VISION

We envision a Medford where no one experiences food insecurity; a city where there is equitable access to healthy food and those who need food support can ask without stigma. We envision a Medford where healthy food is the easy choice, and our community is united in its commitment to the wellbeing of all residents and workers.

OUR EQUITY STATEMENT

Food is a human right, not a privilege. It is our goal to create not only more equitable access, but a more unified, connected community that brings Medford together to provide, grow, cook, eat and work together without regard for age, race, ethnicity, immigration status, gender, orientation or any of the labels that separate us as a community.

The concept of equity and inclusion will be incorporated into all Food Security planning, policies and programs

The Medford Food Security Task Force will seek and use input from those groups most at risk for food insecurity, and welcome their ongoing assessment to be sure that policies and programs are effective and benefit those in need. Data about social and economic disparities and barriers will also inform the Plan. While focusing on equity, the Plan is also intended to reach all Medford citizens and constituencies, and raise awareness that healthy, affordable food is a community-wide effort.

Strong communication plans and methods will be integrated into the Plan

Medford is a diverse community made up of neighborhoods with varied income levels, household and housing arrangements, ages, and ethnicities. Communication must be clear and effectively reach all citizens, especially communities and populations that face the greatest need.

Programs and policies will focus on promoting community resilience and empowering those most vulnerable to food insecurity due to economic and social inequities

Programs development will include low-income households, minorities, recent immigrants and new arrivals, children and youth, culturally- and linguistically-isolated peoples, seniors, and people living with disabilities, chronic illness, and other health restrictions.

BACKGROUND

FOOD INSECURITY

We define food insecurity using the Hunger Vital Sign screening tool developed by Children’s HealthWatch. It has been adapted by the American Healthy Communities for screening individuals and families.

Individuals or families are food insecure or at risk for food insecurity if they answer that either or both of these two statements are “often true” or “sometimes true” (compared to, “never true”):

1. “Within the past 12 months we worried whether our food would run out before we got money to buy more.”
2. “Within the past 12 months the food we bought just didn’t last and we didn’t have money to get more.”

This tool is endorsed by the American Academy of Pediatrics and has been found to be accurate and valid when asked of low-income families with young children, as a way to identify young children at risk of food insecurity. The Centers for Medicare and Medicaid Services, and many health centers nationwide, have also adopted these questions to screen for food insecurity in individuals

FOOD INSECURITY RATE

The Greater Boston Food Bank estimates that one in nine Medford households struggle with food security. Two-thirds of those suffering from food insecurity are children, and many are seniors. Medford Public Schools estimates 45.2% of students district-wide are eligible for free and reduced lunch.

Of the 190 municipalities within Eastern Massachusetts, the Greater Boston Food Bank has identified Medford as a ‘priority city’ by the Greater Boston Food Bank.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

6.6% of Medford households receive Supplemental Nutrition Assistance Program (SNAP) benefits (formerly known as Food Stamps). However, in spite of several dedicated food assistance systems serving the Medford area, we know that many income-eligible Medford households do not receive food assistance.

The Western Massachusetts Food Bank estimates that 9,386 Medford residents enrolled in MassHealth were eligible for SNAP benefits in 2018, but 6,054 - 63.9% of those eligible - were not enrolled in SNAP. Local social service providers, school teachers and public health practitioners know that many people are not reached by existing programs, with the Massachusetts Department of Public Health currently focusing efforts on reducing this prevailing “SNAP Gap”.

HEALTH AND ECONOMIC IMPACTS

A study commissioned by Children’s HealthWatch and the Greater Boston Food Bank found that the avoidable annual costs of food insecurity in Massachusetts were conservatively \$2.4 billion. With better measurement and more research, this cost would likely be much higher. These costs affect Medford as much as other Massachusetts communities.

Food insecurity also affects economic productivity, as workers are less able to function on the job and students are less able to study and learn. The lack of affordable local food businesses means consumer dollars are being spent in other communities, and the high costs of living mean households have less to spend on other goods and services.

FOOD ACCESS

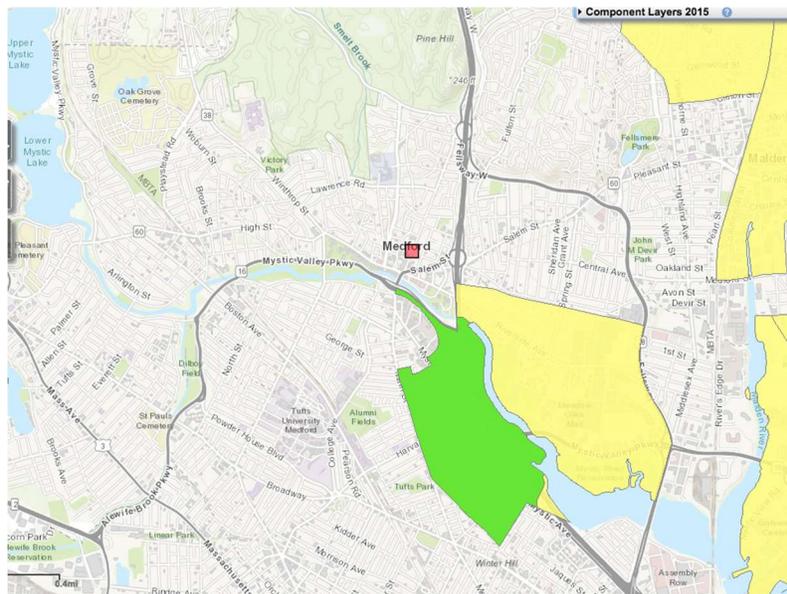
Poverty and Race/Ethnicity

Poverty is a strong predictor of food insecurity, especially when combined with Medford’s other challenges such as scarcity of affordable food sources and high cost of housing. The median income in Medford is \$86,204, while the mean household income is \$106,070. This is in comparison to a median income of \$79,607 in 2016, which represents a 8.29% annual growth. In contrast, the poverty rate in Medford is at 10.3%, which shows a relatively stable, if not growing, poverty rate over the past 5 years despite a rising median income (8.9% poverty rate in 2012). Medford is 73.1% White, 9.7% Asian, 8.7% Black, and 5.3% Hispanic or Latino. However, further broken down by race/ethnicity, the poverty rate in Medford is 9.5% White, 13.5% Black, 13.4% Latino.

In Massachusetts, the median income for Black households is \$46,925 and \$41,995 for Hispanic or Latino, compared to \$84,988 for White households. Overall income inequality in Massachusetts, not taking into consideration race/ethnicity (measured using the Gini index) is 0.485, which is higher than the national average. Even though the income gap is at the State level, these trends can also be observed at the municipal level and are reflected in the social, economic, and political disparities in Medford for Black and Hispanic residents.

Distance, Income, and Vehicle Access

Food deserts are defined by distance demarcations to the nearest supermarket or large grocery store. Low-access census tracts look at both distance to the nearest supermarket and median income of that census tract. We have used moderate estimates for low-access to food, defined as low-income census tracts where a significant number (at least 500 people) or share (at least 33%) of the population is greater than 1.0 mile from the nearest supermarket in an urban area. In the map below, the green area in South Medford is a low-income census tract, where residents are more than 1.0 mile from a supermarket.



Additionally, a low-access tract can be defined in consideration of vehicle access. A low-access using vehicle access, is defined as a tract in which at least 100 households are located more than 0.5 miles from the nearest supermarket and have no vehicle access. In addition to being a standard food dessert, South Medford is also an area where more than 100 households do not have a vehicle and are more than 0.5 miles from the nearest supermarket. In the map below, the yellow area in Wellington is another low-income census tract, where more than 100 housing units do not have a vehicle and are more than 0.5 miles from the nearest supermarket.

Another food access term is that of a food mirage, where residents are within 1.0 mile from a supermarket, but prices are beyond the means of low-income census tracts. Thus, seemingly available food is inaccessible, which makes them functionally equivalent to food deserts. Food mirages are often associated with areas of gentrification. A food mirage is demonstrated by Medford Housing Authority – Walking Court in West Medford, which is 0.1 miles from Whole Foods Market.

FOOD PLAN GOALS

The Medford Food Plan aims to foster a culture of healthy eating for all Medford residents

Goal One: Raise awareness of food insecurity and reduce stigma

Goal Two: Remove systemic barriers to food security

Goal Three: Improve access to food assistance systems

Goal Four: Support and bolster local food economy

GOAL ONE: RAISE AWARENESS OF FOOD INSECURITY AND REDUCE STIGMA

Goal one aims to build a connected and inclusive culture to raise awareness of food insecurity in Medford and reduce the stigma of accessing services. This Goal hopes to bring our community together around food and help one another thrive by ensuring all voices are heard.

Strategies for Change

Contentious issues around food security include: providing healthy, balanced meals or just providing enough food; food as charity or as a community concern. In order to be productive with reducing food insecurity, we need to be united in the same mission. The Medford Food Security Taskforce believes that access to healthy food is a human right, not a privilege. As such, it is our goal to create not only more equitable access, but a more unified and resilient Medford.

The hidden nature of food insecurity results in a lack of understanding and awareness of food insecurity issues and the root causes and systems that both create and perpetuate this problem. The conventional narrative of food insecurity places the onus of blame on individuals and food assistance recipients, rather than on systems that have failed to protect and support all citizens. Thus, it is important to build community systems and infrastructure where neighbors of all ages, abilities, racial-ethnic backgrounds, incomes, educational levels, etcetera, can celebrate growing, preparing, sharing and eating nourishing food. Operating within this mission, food security is about building community and not about 'feeding the poor'.

Awareness and Education

To achieve this vision, awareness and education are crucial to shifting perceptions and culture. We need a campaign that re-characterizes the nature of food security and shifts the issue from individual blame to community responsibility. We all share a biological and social need for healthy food, and we thrive when we help our neighbors thrive. We need to educate the public about root causes of food insecurity and unhealthy eating. In addition to awareness and education, language and discourse shape the cultural perspectives of an issue. Thus, the way we talk about food security should emphasize community support and resilience to build the healthiest Medford possible.

Community Building

Additionally, community building may also relieve stigma associated with food insecurity. For example, education and empathy building could be incorporated into public events through food festivals, community meals welcome to everyone, holiday food sharing, and coffee socials. The community can also be reached through the arts, neighborhood activities, playgroups, and listening programs. As such, community building supports connections across social, cultural, and economic groups and fosters a community culture of empathy and understanding.

GOAL TWO: REMOVE SYSTEMIC BARRIERS TO FOOD SECURITY

Goal Two aims to work on fixing system failures that contribute to food security, including limited or restricted access to various social and community services. These services include affordable housing, transportation, stable jobs, living wages, and language supports.

Strategies for Change

While Medford's median household income is estimated at over \$86,000, many Medford residents live at or below the federal and state "poverty line" and many more have low or unstable income(s).

Poverty and low or unstable income contribute to food insecurity in many households. Many seniors are living on fixed incomes. Factors that affect the ability to afford food include affordable housing, transportation, child care, business development, job availability and job training. Working on improving any of these factors increases access to food for our residents.

We see the priorities as:

- Increasing access to affordable quality housing, child care, transportation, health care, and services
- Advocating for education, good local jobs and job training, and create pathways to financial and social stability
- Advocating for economic justice, equitable policies, affordable housing and child care, more jobs and business opportunities, and fair wages and working conditions
- Strengthening lifeline social and financial supports

Establishing a food policy council can organize our residents and advocates to continue the Food Security Taskforce's initiatives and work on availability, accessibility and affordability. Expanding the availability of food assistance programs and options will assist residents dealing with poverty or unstable income, resulting in a more consistent inflow of food.

Partnerships with other community organizations and advocates working to address the same systemic flaws are critical. These can be at the state level (for example, advocating for higher wages) or local organizations (for example, ABCD office in Malden).

GOAL THREE: IMPROVE ACCESS TO FOOD ASSISTANCE SYSTEMS

Goal Three aims to improve the emergency and transitional food assistance "safety net" and integrate food assistance with other services and community connections.

Strategies for Change

In order to capture the full needs of people in need of food assistance systems, it is critical to involve and collaborate with people in need of those services in the planning and development of food security policies and programs. We define the food "safety net" system by six factors, which are each involved in developing a secure emergency and food assistance system. These six factors are:

1. Knowledge and awareness
2. Screening and referral
3. Program access
4. Food access
5. Food utilization
6. Capacity and resilience

In Medford, the food safety net is challenged at each of these points, creating barriers in access and use of emergency and transitional food assistance. Some strategies for alleviating these barriers at each point in the food safety net include:

Knowledge and Awareness

- Use available media to increase awareness of available food assistance and resources.
- Create person-to-person communication by presenting to community groups, engaging schools, and hosting community events.
- Engage with community groups and residents, particularly vulnerable groups, by attending tenants' associations, English language classes, and school- and faith-based organizations' events.

Screening and Referral

- Enlist and train medical, dental and other health care providers to screen for food insecurity.
- Adopt "Food as Medicine" programs to connect food-insecure patients to resources.

Program Access

- Design food assistance information, enrollment questionnaires, and directions that are welcoming to all.
- Overcoming cultural, educational and language differences, disabilities, immigration status, living situation, transportation gaps, and other challenges.
- Increase enrollment of MassHealth participants in SNAP and other food assistance programs.

Food Access

- Work with food pantries to increase their hours; adjust offerings based on client surveys and food preferences; and increase frozen and refrigerated foods and fresh produce.
- Improve bus routes and para-transit options for low-income households to reach pantries, congregate meals, and affordable food stores.
- Provide a direct door-to-door delivery program for clients unable to access food pantries by their own means.
- Enlist more stores and markets to accept federal and state food assistance services such as WIC, SNAP/EBT, and HIP.
- Partner with local businesses to welcome EBT users and offer match or discount on healthy food purchases.

Food Utilization

- Provide clients with live cooking demonstrations and access to menu planning, cooking instruction, and recipes incorporating ingredients provided at food pantries.
- Consider other issues of food utilization, such as food storage and food safety

Capacity Building

- Bring providers and people who need services together as partners in the planning process and the implementation of solutions.
- Communicate and collaborate among service providers by forming a network to share best practices and updates, and work as a united front.
- Measure program impacts and perform regular assessments and client and community surveys to ensure services are meeting community needs and working efficiently.
- Set goals of moving clients from emergency and transitional food assistance to self-sufficiency.

GOAL FOUR: SUPPORT AND BOLSTER LOCAL FOOD ECONOMY

Goal four aims to grow a strong and resilient local food economy that offers residents access to affordable nutritious food and supports local businesses and increases opportunities for stable employment. It also supports individuals' and families' self-sufficiency.

Strategies for Change

Job development has been identified as a priority and is addressed in the third Food Plan Recommendation, Develop a Food Education and Service Center. A centralized location for residents to access services is paramount. This could include, along with other social services, classes in nutrition and food literacy, food budgeting, growing food, preparing creative healthy meals, and preserving food. We'd love to see it address Food Sovereignty —local food growing, production and retail—which in turn would support Medford's economic development and job growth as well as access to healthy, fresh, affordable food in all parts of the City.

Urban Agriculture

We hope to reframe community gardening to appeal to the general community as well as area businesses by increasing the number of community gardens, school and senior gardens, and backyard gardens. Gardens and urban farms promote food diversity and

provide opportunities for employment and business development. Home gardens can provide a sense of self sufficiency by providing residents the ability to grow a portion of their own food. Urban agriculture is a new and growing market that can involve people of all ages, cultures, and backgrounds.

Food Retail

While there are many stores available to purchase food in the area, many are relatively expensive. The affordable supermarket chain with quality food that many residents prefer is in a neighboring city, and access for those without reliable transportation can be expensive, unreliable and time consuming. Neighborhood corner stores are few, expensive, and don't carry a range of healthy food.

There is a large opportunity to connect with food retailers and restaurants to rescue otherwise wasted food. We need to investigate more options and learn from area businesses already focused on food recovery and rescue to re-branding food recovery. Technology presents a more user-friendly system to make it easy for residents to connect with local restaurants, businesses, and grocery stores. We would like to see increased partnerships with existing food rescue organizations to expand programs in Medford. Recapturing wasted food will help raise awareness of the economic and environmental cost of food waste. While we hope to recover much of food that is currently wasted, we recognize that not all food can be diverted out of the waste stream. We believe, therefore, that compost collection should be included in the City's waste removal.

Business Incubation, Workforce Development and Economic Development

We see the need to put energy into incubating food businesses, jobs and training, agriculture and gardens. There is opportunity for innovative new businesses to come in to Medford that address the affordability of food while providing jobs, such as a grocery store like The Daily Table. The Boston-based grocer not only offers traditional and salvage grocery items but also utilizes rescued food to prepare ready-to-eat foods for purchase at a price much lower than conventional grocery stores and restaurants.

The Medford Food Security Taskforce would like to support the City in making a platform for local businesses, government, educational institutions and organizations to work together to change agricultural policies, zoning, and free up land for urban agriculture. Medford can build capacity to develop a food business incubator and new business support for food vendors. Other ideas include working with the Chamber of Commerce, businesses and schools to pilot food labs and job training and development programs; and improve support for new businesses working to address food insecurity, such as mobile markets, food trucks, and popup food businesses.

FOOD PLAN RECOMMENDATIONS

The Medford Food Plan aims to foster a culture of healthy eating for **all** Medford residents.

ESTABLISH A FOOD POLICY COUNCIL

This recommendation aims to address Food Plan Goals One and Two

Food policy is the area of public policy concerning how food is produced, processed, distributed, and purchased. The Plan advocates for a permanent Food Policy Council where community service providers, volunteers and local government work together to shape policies, programs and projects that seek to end hunger and our shared community values. The Food Policy Council will be responsible for the continuation of Food Security Taskforce initiatives and to advance the food plan goals.

The Food Policy Council will develop food policy concerning food availability, accessibility and affordability.

EXPAND FOOD ASSISTANCE AVAILABILITY AND OPTIONS

This recommendation aims to address Food Plan Goals One and Three.

Improve accessibility to food assistance systems by two supporting branches:

- Increase enrollment and use of food assistance programs and reduce food assistance gaps: SNAP/EBT, HIP, WIC, CACFP, School Meals
- Extend emergency food options: macro and micro food pantries, mobile markets, pop-up distributions, soup kitchens

Ensure reliable and accessible transportation to affordable healthy food stores

DEVELOP A FOOD EDUCATION AND SERVICE CENTER

This recommendation aims to address Food Plan Goals One and Four.

The Food Education and Service Center will be a community space that brings residents together on many food-related issues, such as:

- Food and nutrition education and awareness
- Information and assistance on growing food and urban agriculture
- Tips on food budgeting, food storage, and food safety

The Food Education and Service Center will also serve as a hub to support economic and business development for local food establishment

APPENDICES

APPENDIX 1: PROFILE OF MEDFORD

Cost of Living

Families are a big part of Medford. 30.3% of residents are married with children, and 8.9% are single with children. MIT's Living Wage Calculator for 2017 shows that a family of four, with two adults working full-time, must collectively earn \$76,784 annually, or \$18.46 per hour each, to afford basic living expenses in Middlesex County. If that same family has only one adult working, the wage earner must earn \$28.60 per hour, or \$58,912 annually. These costs assume a modest lifestyle and are low for Medford, where housing and transportation are more expensive than the average for Middlesex County. Unfortunately, this "living wage" lifestyle is out of reach for many of the 27.5% of Medford families whose family income was less than \$75,000 in 2016.

The median income of \$86,204 in Medford masks the fact that many people may struggle financially: older adults on fixed income, people with disability or illness, people with lower educational levels, people with limited English language skills, and people living from paycheck-to-paycheck without savings. Furthermore, sudden rises in median income are better indicators of rapid gentrification rather than sustainable economic growth, signaling that socially vulnerable Medford residents are at risk of further disenfranchisement and displacement.

Housing

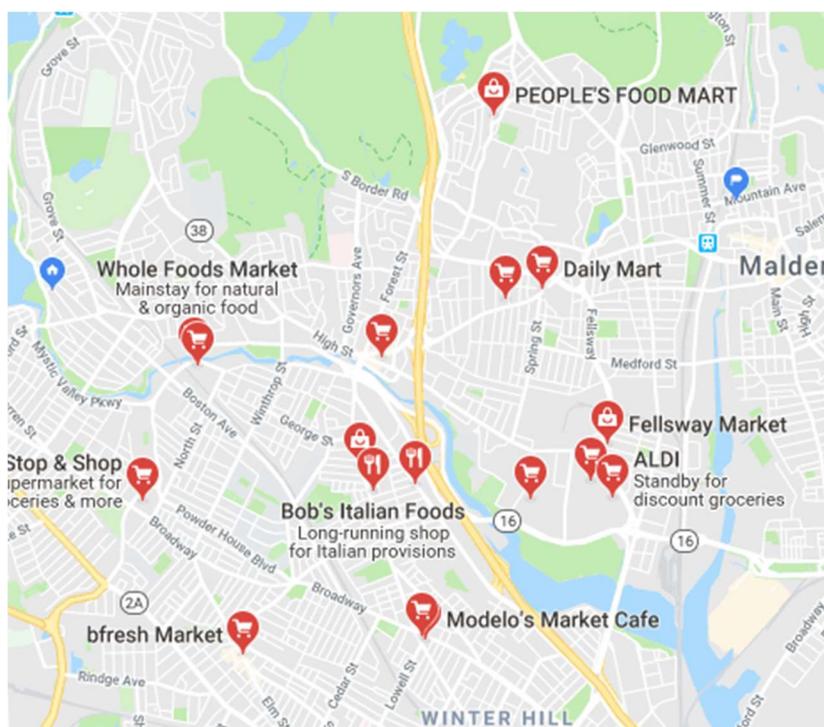
The median property value in Medford is \$443,100, and the homeownership rate is 57.5%. Housing costs in Medford have risen by 63% between 2010 and 2016, squeezing out middle and low-income renters and homebuyers. Median gross rent in 2016 was \$1,606 per month for a 2-bedroom apartment. Larger units are typically more expensive and harder to find. A regional shortage of housing reduce the supply of affordable units and drive up costs. New development is typically at higher prices and includes few affordable units.

Transportation

Public transportation in Medford is mainly by bus, with limited commuter rail hours and routes. Commuting to jobs and services by public transportation can take long hours, especially outside of normal 9-to-5 work shifts. Most people in Medford, MA commute by "Drove Alone", and the average commute time is 30.8 minutes. The average car ownership in Medford is 2 cars per household.

Child Care

Child care cost burdens many working families. Median cost of a day care center for one preschool child is over \$12,000 per year. MIT's Living Wage study calculates the cost of 2 children in child care at \$15,684, which represents full-time care for one preschool child and after-school care for one school-age child. The cost of child care causes wage earners, particularly women, to work fewer hours, take lower paid jobs with greater flexibility or shorter commute, or to take a break from employment. For low wage earners working irregular hours or several shift jobs, child care is especially challenging. Despite the child care burden, 63.3% of families with children under 6, and 79.3% of families with children between 6 and 18, have two adults employed full-time.



Grocery Stores

Food in the Boston area is expensive, and Medford has its own challenges with limited supermarket options. Medford has three supermarkets- Stop and Shop, Wegman's and Aldi's. Consumers' Checkbook rates Wegman's as the most affordable and highest quality supermarket in Medford: prices are 7% below the average for Shaw's and Stop and Shop. Whole Foods, while highly rated for quality, is 48% more expensive than the Shaw's/Stop and Shop average. Aldi's, a deeply discounted grocery store, had prices 38% below the Shaw's/Stop and Shop average, but the quality is uneven and only about 2/3 of staple foods were available. Anecdotally many Medford residents' shop at DeMoulas Market Basket superstore in Chelsea for lower prices, wider selection especially in baked and prepared foods and international foods, and good quality. The

Checkbook survey for the Boston area found Market Basket stores overall have prices 9% below the Shaw's/Stop and Shop average, and quality rated at 73 points overall, 55 points for produce.

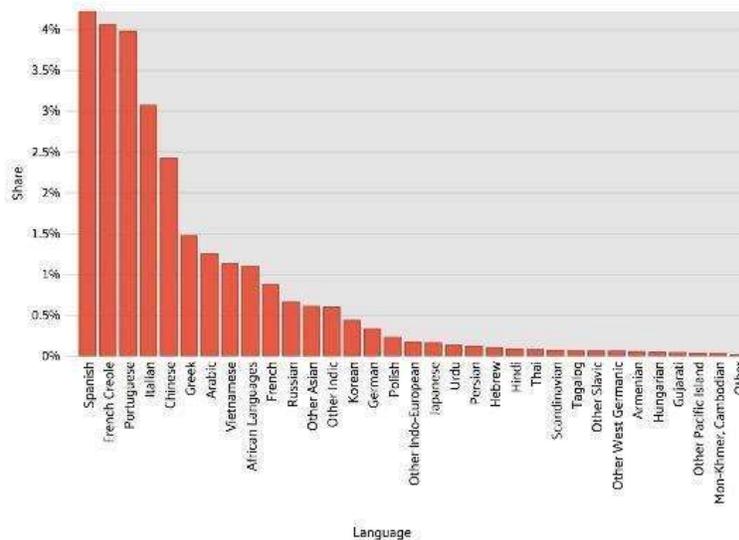
Language and Ethnicity

Ancestry in Medford is diverse. The largest groups in 2016 were (19.5%) Italian, (13.3%) Irish, (7.9%) Haitian, (5.2%) Brazilian, with many other ancestries present in smaller counts. In 2016, 13,203 residents or 22.8% of Medford was foreign-born, with the largest portion (7.4% of Medford residents) born in Latin America.

Language and cultural identity are strong, and present both barriers and opportunities for food security. 15,801 Medford residents speak a foreign language as their native tongue. 4.22% of the Medford population are native Spanish speakers. 4.05% speak French Creole and 3.98% speak Portuguese, the next two most common languages.

Non-English Speakers in Medford, Ma

The closest comparable data for the census place of Medford, MA is from the public use microdata area of Malden & Medf



Dataset: ACS 5-year Estimate
Source: Census Bureau

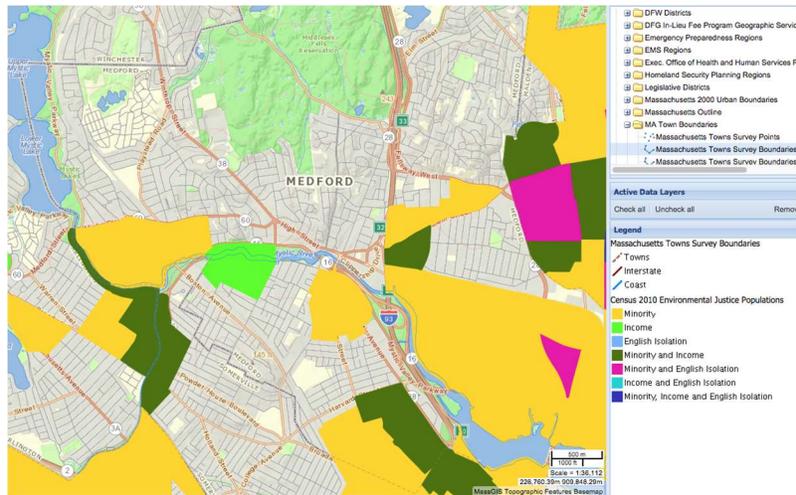
DATAUSA:

Environmental Justice Communities

In Massachusetts a community is identified as an Environmental Justice community if any of the following are true:

- Block group whose annual median household income is equal to or less than 65 percent of the statewide median (\$62,072 in 2010); or
- 25% or more of the residents identify as a race other than white; or
- 25% or more of households have no one over the age of 14 who speaks English only or very well - English Isolation

The map below shows 2010 U.S. Census districts in Medford that are more than 25% minority residents (gold), low income (light green), more than 25% minority and low income (dark green), and minority with language isolation (magenta).

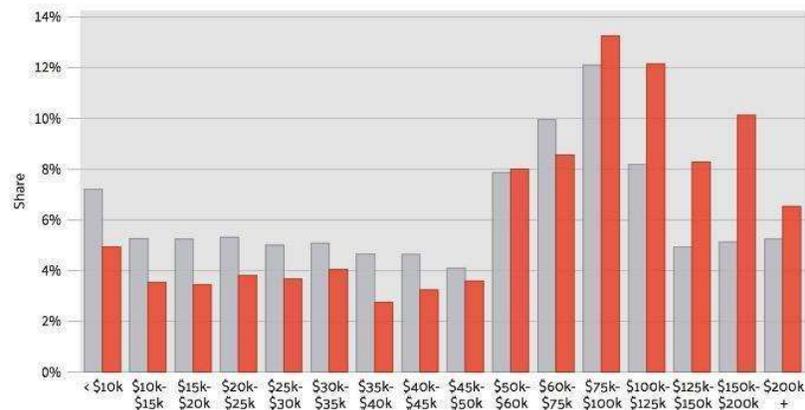


Inequality vs. Diversity: Coming Together as One Community

Medford's "GINI index", its rating for household income inequality (shown in red in the chart below), is slightly lower than the U.S. national rate shown in grey). However, there is still a wide range of incomes, cultures and lifestyles in Medford. Most residents value this diversity and welcome the opportunity to engage with, and learn from, neighbors with divergent perspectives. In any culture, sharing food and breaking bread together is a fundamental connection to build a strong community. The Food Security Plan is intended to promote a community that grows, cooks and eats food together and takes care of its own most vulnerable members.

Household Income in Medford, Ma

Please note that the buckets used in this visualization were not evenly distributed by ACS when publishing the data.



Dataset: ACS 5-year Estimate
Source: Census Bureau

DATAUSA:

APPENDIX 2: FOOD ASSESSMENT SURVEY

RESULTS

This survey was administered to Medford residents via Medford Public Schools and on social media in Spring of 2018. It included 16 questions. A summary of the findings along with a list of the survey questions are included here. The actual responses to questions 4, 5, 16 and 17 are included as well.

English version
806 responses

- 30% live in west Medford
- About 75% of them drive themselves to get groceries and it usually takes about 5-10 minutes. Of the 'other' options, many mentioned riding bicycle.
- Main problems with getting food include cost (33%), time (24%), transportation (9%).
- Ways the respondents said would help them get the food they need were: more farmers markets (25%), another grocery store (16%), public transportation (7.7%)
- About 41% consume fast food weekly. About 32% consumer fast food monthly
- 60% do not shop at the Farmers' Market. About 51.65% had no idea it existed, produce sold at the Farmer's Market are expensive and lastly, the hours are inconvenient.
- About 12% receive SNAP benefits.
- About 69% do not receive any assistance.
- Top places to go grocery shopping are Stop & Shop, Market Basket, BJ's and Wegmans.
- 33% of Medford residents reported that cost was a barrier for them when it comes to buying adequate food.

Portuguese version
27 responses

- About 46% of residents reported to be living in either South Medford or West Medford and are of Brazilian descent.
- About 44% of them drive themselves to get groceries.

- About 26% of them felt sometimes they would run out of food without having money to buy more.
- About 48% consume fast food monthly.
- About 77% reported that they do not shop at the farmers Market.
- About 62% answered that they do not shop at the farmers Market because they had no idea it existed.
- About 35% reported that themselves or a family member receives free/reduced lunch.
- About 43% reported that they do not receive any assistance.
- Top places to go grocery shopping are Stop & Shop, Market Basket, BJ's and Wegmans.
- About 54% reported that both cost and transportation are barriers when it comes to get food.
- About 64% reported that better public transportation, another grocery store and more Farmer's Market will help them obtain the food they need.

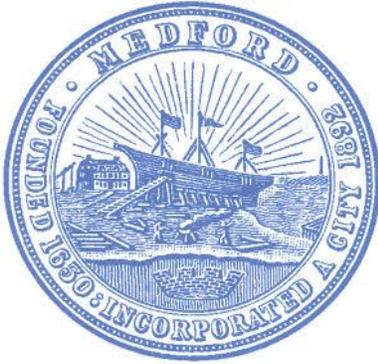
Haitian Creole Version
10 responses

- 50% live in South Medford and are of Haitian Descent.
- 30% walk , 50% drive, 30% use public transportation and 30% get rides from a family member to the grocery store.
- 40% reported they were always worried that they would run out of food before they could afford to buy more.
- 44% reported that they always skipped/cut down on meals because they had no money to buy more.
- 75% reported that they do not shop at the farmers Market because they had no idea it existed.
- 40% receive food stamps/SNAP/EBT benefits.
- About 72% reported that cost is a barrier when it comes to get food.

Spanish Version
6 responses

- About 83% of hispanics live in South Medford, West Medford and North Medford.
- 33% order fast food weekly.
- 40% reported that they do not shop at the farmers Market because they had no idea it existed.
- 80% do not receive any assistance.
- 50% reported that cost is a barrier when it comes to get food.
- Top places to go grocery shopping are Stop & Shop, Market Basket, Whole Foods and Wegmans.

Medford Community Food Assessment Survey



This survey is brought to you by the Medford Food Security Taskforce in order to assess food insecurity and inequality in the city of Medford. It is designed to better understand where you get your food and any barriers that stop you from getting the food you and your family need. Based on the survey responses, we hope to take action to provide better access to healthy food. Please keep in mind that this survey is optional and completely anonymous.

Thank you for taking the time to complete this survey!

Sincerely,

Members of the Medford Food Security Taskforce

1. Which neighborhood in Medford do you live in?

- | | |
|---|---|
| <input type="checkbox"/> North Medford (Fulton Heights) | <input type="checkbox"/> Station Landing |
| <input type="checkbox"/> South Medford | <input type="checkbox"/> Brooks Estates |
| <input type="checkbox"/> West Medford | <input type="checkbox"/> The Hillside |
| <input type="checkbox"/> Wellington | <input type="checkbox"/> Lawrence Estates |
| | <input type="checkbox"/> Other_____ |

2. Do you identify as any of the following:

- | | |
|------------------------------------|---|
| <input type="checkbox"/> Italian | <input type="checkbox"/> Haitian |
| <input type="checkbox"/> Hispanic | <input type="checkbox"/> Middle Eastern |
| <input type="checkbox"/> Brazilian | <input type="checkbox"/> Other_____ |

3. How do you get to the supermarket? **Check all that apply**

- | | |
|---|--|
| <input type="checkbox"/> Walk | <input type="checkbox"/> A friend drives me |
| <input type="checkbox"/> I drive myself | <input type="checkbox"/> A family member drives me |
| <input type="checkbox"/> Taxi/Uber/Lyft | <input type="checkbox"/> Other:_____ |
| <input type="checkbox"/> MBTA | |

4. Within the past 12 months, I was worried that the food I bought would run out before I had money to buy more

- Always
- Often
- Sometimes
- Seldom
- Never

5. Within the past 12 months, myself or others in my household cut the size of our meals or skip meals because there wasn't enough money to buy more food

- Always
- Often
- Sometimes
- Seldom
- Never

6. How long does it usually take you to get to the supermarket?

- 5-10 mins
- 10-20 mins
- 20-30 mins
- 30- 45 mins
- 45- 60 mins
- More than 1 hour

7. How often do you eat takeout or fast food?

- Daily
- Weekly
- A few times a year
- Several times a week
- Monthly
- Never

8. Do you shop at the Local Farmers Market?

- Yes
- No

If no, please describe why not

- I did not know there was a Local Farmers Market
- No parking
- No reliable transportation
- Not enough food to choose from
- Inconvenient hours
- Other: _____

9. What is your annual household income?

- | | |
|---|---|
| <input type="checkbox"/> Less than \$10,000 | <input type="checkbox"/> \$90,000-\$125,000 |
| <input type="checkbox"/> \$10,000-\$29,000 | <input type="checkbox"/> more than \$125,000 |
| <input type="checkbox"/> \$30,000-\$49,000 | <input type="checkbox"/> I prefer not to answer |
| <input type="checkbox"/> \$50,000-\$69,000 | <input type="checkbox"/> I don't know |
| <input type="checkbox"/> \$70,000-\$89,000 | |

10. Do you or anyone in your household use any of the following Programs? **Check all that apply**

- | | |
|---|--|
| <input type="checkbox"/> WIC | <input type="checkbox"/> Senior Coupons |
| <input type="checkbox"/> Food stamps/
SNAP/EBT | <input type="checkbox"/> Free or reduced School
Lunch |
| <input type="checkbox"/> SSI(Supplemental
Security Income) | <input type="checkbox"/> Other_____ |
| <input type="checkbox"/> Summer meals | _____ |

11. How many people live in your household, including yourself?

- Children under 18:_____
- Adults 18-64:_____
- Adults 65 and older:_____

12. Where do you shop for the majority of your groceries? **Check all that apply**

- Wegmans
- Market Basket
- Stop & Shop
- Whole Foods
- BJ's
- ALDI
- Costco
- Trader Joe's
- Other _____

13. Where else do you get your food? **Check all that apply**

- | | |
|--|--|
| <input type="checkbox"/> Farmers' Market | <input type="checkbox"/> Fast Food Restaurant |
| <input type="checkbox"/> Home Garden | <input type="checkbox"/> Sit Down Restaurant |
| <input type="checkbox"/> Community Garden | <input type="checkbox"/> Church/Community Organization |
| <input type="checkbox"/> School | <input type="checkbox"/> Home-delivered Meals |
| <input type="checkbox"/> Food Pantry | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Senior Meal Site | _____ |
| <input type="checkbox"/> Community Meal Site | |

14. What are the main problems of getting your food? **Check all that apply**

- | | |
|---|---|
| <input type="checkbox"/> Cost | <input type="checkbox"/> Do not know how to prepare food |
| <input type="checkbox"/> Transportation | <input type="checkbox"/> No kitchen equipment to prepare food |
| <input type="checkbox"/> Time | <input type="checkbox"/> No place to store food |
| <input type="checkbox"/> Distance to store | <input type="checkbox"/> Quality of food |
| <input type="checkbox"/> Finding food from my culture/country | <input type="checkbox"/> Other (please specify): |
| <input type="checkbox"/> Safety | _____ |

15. Which of the following would help you get the food you need?

Check all that apply

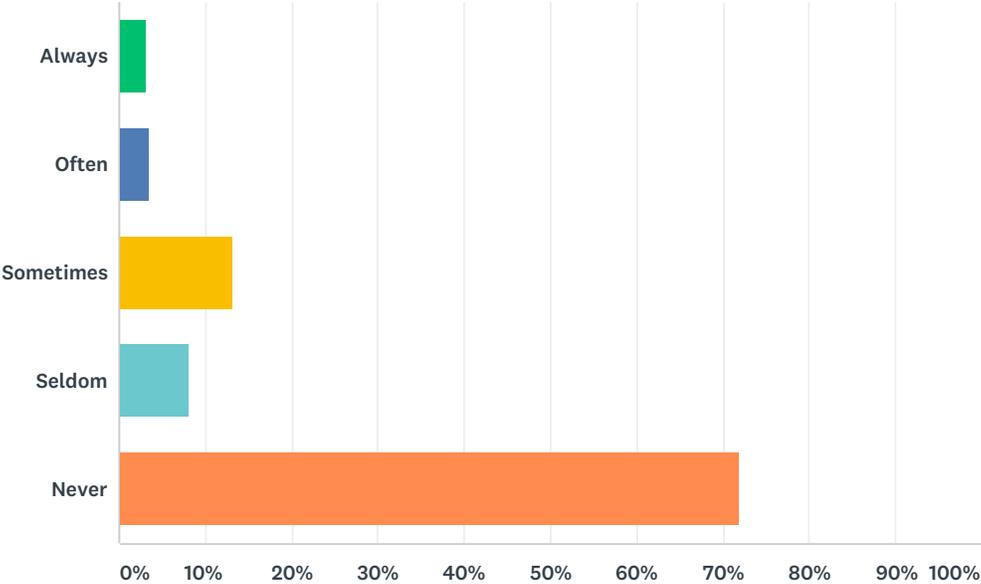
- Another grocery store
- More farmers' markets
- More food distribution agencies (for example: food pantries, soup kitchens, shelters, meals on wheels, senior centers)
- Public transportation
- More stores accepting food stamps/ SNAP vouchers
- More stores accepting WIC cards
- Better quality and variety of produce at grocery stores
- More community gardens
- Classes on cooking/ food preparation
- Hours food pantries are open
- Classes on canning/ preserving food
- Workshops on gardening
- Other (please specify):

16. The Medford Food Security Task Force wants to make food more equitable for residents of Medford. In few sentences please describe how we can help you and your family.

If you want to get involved, please contact Syrah at [781-475-5974](tel:781-475-5974) or smcgivern@medford-ma.gov

Q4 Within the past 12 months, I was worried that the food I bought would run out before I had money to buy more

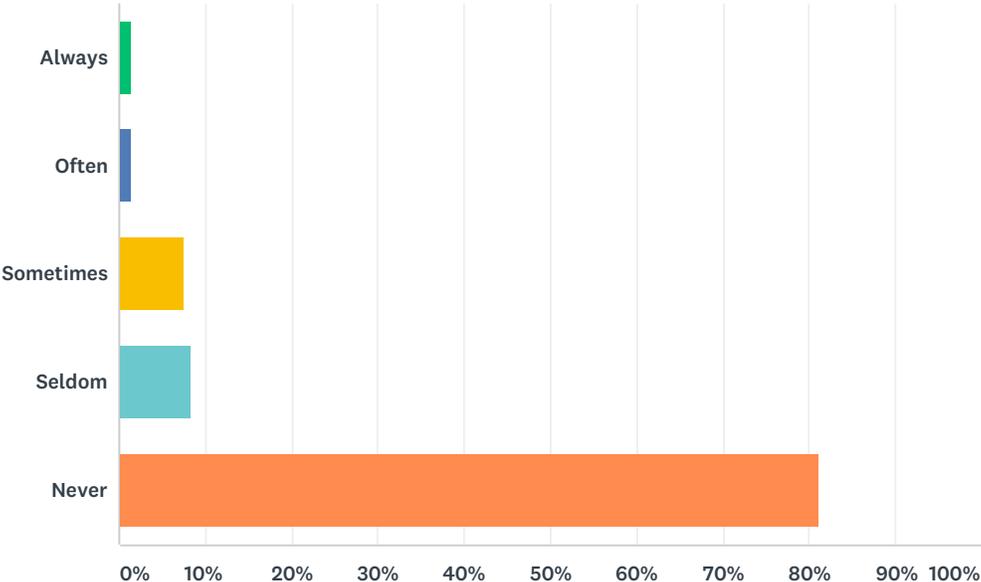
Answered: 807 Skipped: 2



ANSWER CHOICES	RESPONSES	
Always	3.10%	25
Often	3.59%	29
Sometimes	13.14%	106
Seldom	8.18%	66
Never	72.00%	581
TOTAL		807

Q5 Within the past 12 months, myself or others in my household cut the size of our meals or skip meals because there wasn't enough money to buy more food

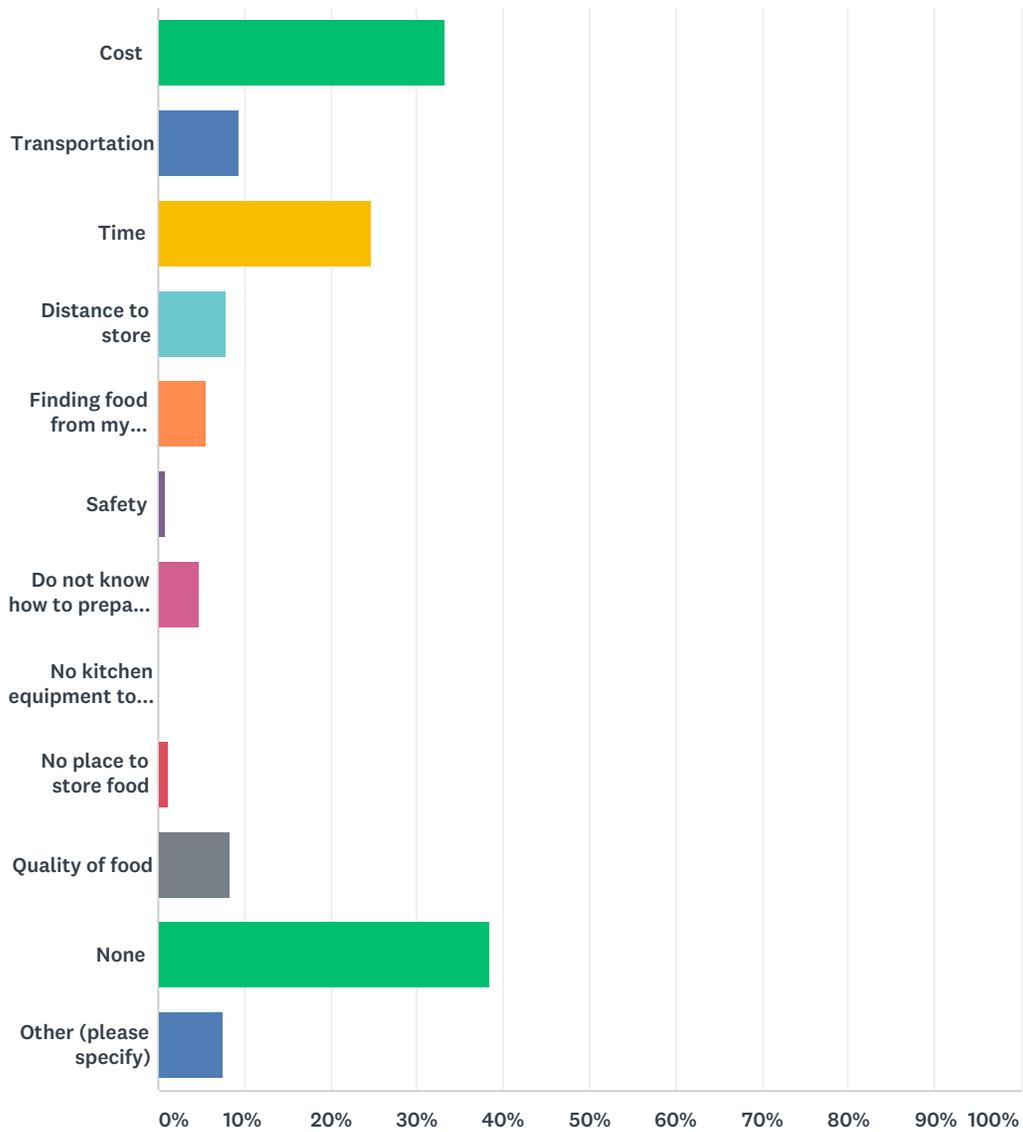
Answered: 802 Skipped: 7



ANSWER CHOICES	RESPONSES	
Always	1.50%	12
Often	1.50%	12
Sometimes	7.48%	60
Seldom	8.35%	67
Never	81.17%	651
TOTAL		802

Q15 What are the main problems of getting your food? Check all that apply

Answered: 731 Skipped: 78



ANSWER CHOICES	RESPONSES	
Cost	33.24%	243
Transportation	9.44%	69
Time	24.76%	181
Distance to store	7.93%	58
Finding food from my culture/country	5.75%	42
Safety	0.82%	6
Do not know how to prepare food	4.79%	35

Medford Community Food Assessment Survey - English

No kitchen equipment to prepare food	0.00%	0
No place to store food	1.23%	9
Quality of food	8.34%	61
None	38.58%	282
Other (please specify)	7.52%	55
Total Respondents: 731		

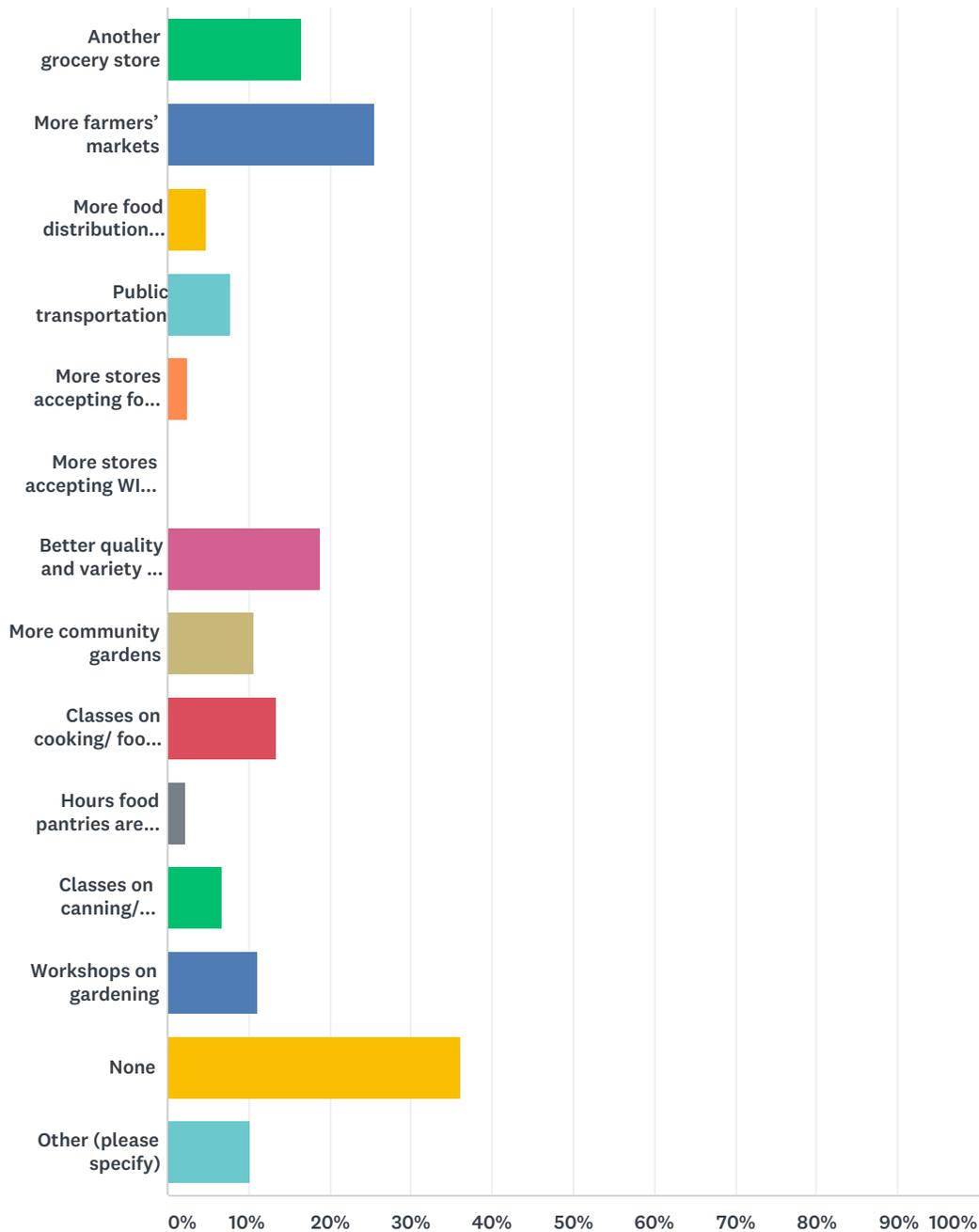
#	OTHER (PLEASE SPECIFY)	DATE
1	Stop and Shop / Market Basket	1/12/2019 9:23 AM
2	NA	5/17/2018 8:21 AM
3	no comments	5/17/2018 8:18 AM
4	no comments	5/17/2018 8:15 AM
5	no comments	5/17/2018 8:11 AM
6	Disabled so it's difficult to prepare a meal	5/7/2018 5:12 AM
7	Time involved in preparing healthy meals	5/4/2018 8:52 AM
8	We don't have a problem.	5/3/2018 2:51 PM
9	Stress over time to prepare and dietary choices of household members. This sounds superficial, but it is daily torture.	5/2/2018 9:42 AM
10	Time to go shopping	5/1/2018 4:29 PM
11	Due to the excessive amount of rent that I pay to live in the city of Medford, rent money always takes priority over food. Because I pay for school lunch, I rely on the schools lunch program to make sure my child has at least breakfast and lunch. Unfortunately, when he his account is empty, he is told he will have no lunch until he pays up. I'd rather have a roof over my head than food.	5/1/2018 8:42 AM
12	Logistics with toddler; place to change diaper; have a snack; carts with safe buckle	4/29/2018 9:31 AM
13	I'm tired at the end of the day at work.	4/27/2018 12:29 PM
14	Allergy (pn/Tree nut free and not made on shared equipment)	4/27/2018 12:00 PM
15	I "won the lottery" with Wegmans opening nearby, but traffic lights make the drive very long. I would love to bike there if only the city didn't interrupt the bike route along the Mystic with fencing	4/27/2018 6:19 AM
16	We are very lucky not to have these issues.	4/26/2018 2:50 AM
17	no problems I'm fortunate	4/25/2018 5:00 PM
18	None	4/25/2018 3:27 PM
19	Not enough money	4/25/2018 2:43 PM
20	wish there was a market basket closer to medford	4/25/2018 9:24 AM
21	Hard to shop when you have one person 50% of the time adn 3 the rest with different dietary needs.	4/25/2018 8:49 AM
22	dont know	4/24/2018 10:34 AM
23	Vegetables have been awful and the cost is ridiculous	4/24/2018 10:29 AM
24	B	4/24/2018 10:07 AM
25	Spoilage especially produce	4/24/2018 6:52 AM
26	lines	4/24/2018 6:49 AM
27	Daycare expenses, heat, etc. need to come first. The kids always get what they need.	4/24/2018 6:39 AM
28	no problems	4/24/2018 5:55 AM

Medford Community Food Assessment Survey - English

29	None	4/24/2018 5:34 AM
30	none apply	4/24/2018 4:42 AM
31	none	4/24/2018 4:20 AM
32	I don't have problems getting food.	4/24/2018 4:04 AM
33	None	4/24/2018 4:02 AM
34	None	4/24/2018 4:01 AM
35	None	4/24/2018 4:01 AM
36	Nothing really	4/24/2018 3:53 AM
37	None	4/24/2018 3:51 AM
38	Mobility. I would love to have help Shopping at the farmers market and getting food inside my house. Any chance of a mobile cart at the location?	4/23/2018 7:27 PM
39	n/a	4/23/2018 4:57 PM
40	Can be hard to buy groceries while commuting on the bus. The MV Pkwy/Condon Shell location for the MFM is nice for drivers but unappealing for pedestrians.	4/23/2018 11:38 AM
41	none	4/23/2018 11:28 AM
42	None of the above- we are very fortunate and we also learned to cook at home a long time ago when finances were not so good.	4/23/2018 10:31 AM
43	None	4/23/2018 10:03 AM
44	no problem	4/23/2018 9:36 AM
45	None	4/23/2018 9:28 AM
46	N/A	4/23/2018 8:41 AM
47	None	4/23/2018 8:31 AM
48	no problems	4/23/2018 8:15 AM
49	(Haitian culture)	4/23/2018 8:09 AM
50	organic	4/23/2018 8:00 AM
51	None	4/23/2018 7:53 AM
52	No problem	4/23/2018 7:51 AM
53	None	4/20/2018 5:47 AM
54	no problems	4/20/2018 4:16 AM
55	No problems, except the annoyance of MB's parking lot...	4/19/2018 11:30 AM

Q16 Which of the following would help you get the food you need? Check all that apply

Answered: 709 Skipped: 100



ANSWER CHOICES	RESPONSES
Another grocery store	16.50% 117
More farmers' markets	25.53% 181
More food distribution agencies (for example: food pantries, soup kitchens, shelters, meals on wheels, senior centers)	4.80% 34
Public transportation	7.76% 55

Medford Community Food Assessment Survey - English

More stores accepting food stamps/ SNAP vouchers	2.54%	18
More stores accepting WIC cards	0.28%	2
Better quality and variety of produce at grocery stores	18.90%	134
More community gardens	10.58%	75
Classes on cooking/ food preparation	13.40%	95
Hours food pantries are open	2.40%	17
Classes on canning/ preserving food	6.77%	48
Workshops on gardening	11.14%	79
None	36.25%	257
Other (please specify)	10.30%	73
Total Respondents: 709		

#	OTHER (PLEASE SPECIFY)	DATE
1	Transportation(pick up)	5/26/2018 9:38 AM
2	we need safety park gardens in the night Police take care	5/26/2018 8:57 AM
3	affordability of fresh produce Sad that small shops closed	5/17/2018 8:33 AM
4	no comments	5/17/2018 8:18 AM
5	no comments	5/17/2018 8:15 AM
6	More time to prepare food at home to save money	5/10/2018 10:59 AM
7	Should bring back Shaws to Medford or even in Malden. Having a Walmart closer to this area.	5/8/2018 12:09 PM
8	I have enough food	5/8/2018 4:25 AM
9	A Market Basket nearby would be ideal.	5/7/2018 12:23 PM
10	I live in West Medford and am still getting to know the area. I am trying to find out how much produce and dry goods I can purchase within a 1/2 to 3/4 mile walking distance from my home.	5/4/2018 8:52 AM
11	We recently moved here but I would love to know where the farmers market is.	5/3/2018 2:51 PM
12	A near by Market Basket would be fine; very helpful and best prices.	5/2/2018 2:54 PM
13	Inexpensive small neighborhood markets (not convenience stores)	5/2/2018 12:25 PM
14	Don't have problems, but more community gardens would be lovely.	5/1/2018 5:51 PM
15	Closer affordable grocery store (closest store is Whole Foods, which we mostly avoid due to prices)	5/1/2018 4:22 PM
16	Coupons	5/1/2018 3:32 PM
17	Lower costs	5/1/2018 1:50 PM
18	lower prices on produce	4/30/2018 6:02 AM
19	I'm fine.	4/29/2018 9:25 AM
20	Quality and cost	4/28/2018 10:31 AM
21	Canning/preserving would be more an interest or hobby (as opposed to being needed to help my family get the food it needs).	4/27/2018 2:22 PM
22	Workshops on vegetarian recipes, options and cooking.	4/27/2018 12:29 PM
23	People with disabilities designated group ride to grocery stores- farmers markets - assistance with shopping fetching carrying.	4/27/2018 12:00 PM
24	Ethnic markets	4/27/2018 7:26 AM

Medford Community Food Assessment Survey - English

25	I was always disappointed with our farmer's market, very little selection and insanely expensive. I would encourage more venders and maybe some weekend hours. I would prefer to buy local but not at 3x the price	4/27/2018 6:19 AM
26	A better income	4/26/2018 5:48 PM
27	More money	4/26/2018 4:45 AM
28	Not much anyone can do about the cost of food	4/26/2018 2:51 AM
29	*need more public transportation. Need a closer bus stop.	4/25/2018 5:37 PM
30	*grocery store in Medford Sq.	4/25/2018 5:26 PM
31	i dont have any problems, i dont need help	4/25/2018 3:33 PM
32	An affordable grocery store like market basket	4/25/2018 2:43 PM
33	Community Garden/Farm where I could contribute skills or time to work that is not gardening in exchange for food.	4/25/2018 1:59 PM
34	Affordable quality meat, especially grass-fed or wild game.	4/25/2018 12:42 PM
35	something in medford square would really help, because that's where public transportation drops me on my way home.	4/25/2018 12:42 PM
36	A Market Basket in W Medford. I shop at MB in Somerville on my way home from work in Somerville. Strict time constraints with this because I have kids at home. Whole Foods is convenient access for me but too expensive.	4/25/2018 8:33 AM
37	I wish the farmer's market could stay open 1/2 hour later. I'm usually getting home from work around 7pm and it's about to close down which limits my choices.	4/25/2018 8:19 AM
38	maybe having a CSA that is more reasonably priced for families	4/25/2018 8:13 AM
39	Market Basket in Medford	4/25/2018 2:16 AM
40	I get my food	4/24/2018 7:41 PM
41	dont know	4/24/2018 10:34 AM
42	Prices not being so high	4/24/2018 10:03 AM
43	More safe bike infrastructure to make it easier and safer to bike to the grocery store.	4/24/2018 9:01 AM
44	Higher pay	4/24/2018 7:02 AM
45	I had never thought of any of this. I make too much to qualify for any help. I've applied and been rejected so I just make due with what I have. I would love to go to the farmer's market but it's just too expensive. I know farmers need to eat too so I'm not complaining about the price. It's just too much.	4/24/2018 6:39 AM
46	Less expensive produce	4/24/2018 6:35 AM
47	nothing	4/24/2018 5:55 AM
48	None	4/24/2018 5:34 AM
49	none apply	4/24/2018 4:42 AM
50	N/A	4/24/2018 4:20 AM
51	programs that help single working mothers that "make too much"	4/24/2018 4:18 AM
52	Better food at school	4/24/2018 4:02 AM
53	None	4/24/2018 4:01 AM
54	Better food at school	4/24/2018 4:01 AM
55	N/A	4/24/2018 3:51 AM
56	Cheaper food.	4/24/2018 3:39 AM
57	More economical delivery service from Wegmans. They charge \$20 for filling your cart plus delivery. I tried it!	4/23/2018 7:27 PM
58	n/a	4/23/2018 4:57 PM

Medford Community Food Assessment Survey - English

59	Cheaper food	4/23/2018 3:11 PM
60	None	4/23/2018 2:40 PM
61	Larger farmer's market or more often and in varied locations	4/23/2018 1:24 PM
62	not apply	4/23/2018 11:28 AM
63	A market basket in Medford!!!!!!	4/23/2018 10:09 AM
64	I garden in my back yard. I don't know how to can my vegetables but I do freeze them. I also share with my neighbors and friends.	4/23/2018 8:42 AM
65	N/A at this time.	4/23/2018 8:41 AM
66	Not applicable	4/23/2018 8:15 AM
67	Transportation	4/23/2018 8:04 AM
68	Lower prices	4/23/2018 8:01 AM
69	organic food	4/23/2018 8:00 AM
70	Learn ways to make food with less expensive items. Share recipes for low cost meals.	4/23/2018 7:56 AM
71	No problem	4/20/2018 4:16 AM
72	More affordable	4/19/2018 10:51 PM
73	A Market Basket in Medford, MA	4/12/2018 10:55 AM

Q17 The Medford Food Security Task Force wants to make food more equitable for residents of Medford. In few sentences please describe how we can help you and your family.

Answered: 372 Skipped: 437

#	RESPONSES	DATE
1	we're good :)	1/12/2019 9:23 AM
2	i dont need help i got it covered i can get food my self	9/19/2018 8:51 AM
3	Bring a Market Basket to Medford and/or make Stop + Shop, CVS, and Rite Aid stop "gouging" the residents of Medford.	5/26/2018 9:53 AM
4	We need stores selling fruits and vegetables in Medford Square. We need a Market Basket in Medford	5/26/2018 9:28 AM
5	I am 85 and I get cold meals on wheels. The bread is stale a lot. When you got to make sandwich it falls apart. I would like them to get more variety on food also better desert. Substitute for milk. I hole some of the things will change!! When they send some salad with lettuce; its all soggy, you can't eat it. Sorry if I complained too much. I am grateful to get them	5/26/2018 9:25 AM
6	We need grocery store near Medford square Return Farmer Market to the old place near Hyatt Hotel on Riverside ave.	5/26/2018 8:57 AM
7	Better food in stores	5/26/2018 8:06 AM
8	We do not need help	5/22/2018 9:22 AM
9	No	5/17/2018 10:53 AM
10	I am very well provided for. I am a very good cook	5/17/2018 10:46 AM
11	no comments	5/17/2018 8:33 AM
12	No comments	5/17/2018 8:25 AM
13	No comments	5/17/2018 8:21 AM
14	no comments	5/17/2018 8:18 AM
15	no comments	5/17/2018 8:15 AM
16	no comments	5/17/2018 8:11 AM
17	no comments	5/17/2018 8:07 AM
18	Please provide some free cooking/food preparation classes for residents of Medford.	5/17/2018 8:01 AM
19	just keep doing what you are doing. Great work!!	5/14/2018 4:35 AM
20	I don't really need help in getting food in Medford	5/13/2018 5:10 PM
21	We don't need help	5/11/2018 3:55 PM
22	Price of food is high. Seems a lot high than it used to be. It costs a lot of money to eat well.	5/10/2018 10:59 AM
23	It's a matter of living on a tight budget. Most expenses are priority/mandatory- food is only place with flexible where we can cut down on money	5/10/2018 10:55 AM
24	We can make it so that the transportation or another way could stop right at the farmers market or grocery store to make it more convinient.	5/10/2018 10:52 AM
25	Just do the best thing by providing good food for who very need it	5/10/2018 10:51 AM
26	Please call and let me know where places are I can go to get Food (Food Pantries) [REDACTED] [REDACTED] Medford MA 02155	5/10/2018 10:46 AM
27	By	5/10/2018 8:25 AM

Medford Community Food Assessment Survey - English

28	Medford public schools takes a week or so to process free and reduced lunch for new coming students. When it does go through there is still a balance on my child's account for the money owed when the paperwork was being processed. That debt should be erased when the paperwork goes through.	5/8/2018 5:29 PM
29	Hard to say, since I'm not to sure on what your thoughts are on how this would be possible going into the future. Those of us who try hard to make ends meet. As a single parent, was working a full time job. Got into a bad accident a few years back that left me disabled. I cut coupons, I look at 3 different food store ads. Make lists match coupons. Meet with friends different days to go to different stores. And I do the best I can with the 15.00 in food stamps I get for my son and I.	5/8/2018 12:09 PM
30	I don't need help	5/8/2018 4:25 AM
31	Our family is fine. Thank you for your efforts.	5/7/2018 12:23 PM
32	We are doing alright, and in our part of Medford we are very lucky to be close to two grocery stores (Stop & Shop and Whole Foods). Whole foods is extremely expensive, though, and Stop & Shop is not always the freshest option. I would like to grow more food at home but I'm not sure if there is lead in the soil. If there were free lead tests, or information about getting one, that would be helpful.	5/7/2018 9:57 AM
33	suck my balls	5/7/2018 8:35 AM
34	N/a	5/6/2018 12:31 AM
35	all set, thanks	5/4/2018 12:25 PM
36	I am fortunate to have money, time and stability to ensure regular food access. That said, I am very interested in this topic and in any opportunities there may be for citizen volunteers to support this food planning initiative.	5/4/2018 8:52 AM
37	List local farmers markets	5/4/2018 8:37 AM
38	I don't need help thank you very much	5/4/2018 5:44 AM
39	Lower cost of food	5/3/2018 2:36 PM
40	You can help my family by making more farmers markets in the medford area and maybe near city hall parking lot and that might make changes happen	5/3/2018 11:36 AM
41	We need closer food stores. They need cheaper prices and more fresh produce. Most of the foods I like usually aren't in stock and I need to drive farther to get it.	5/3/2018 9:29 AM
42	My family is food secure, and I appreciate this survey being offered to the community.	5/3/2018 7:31 AM
43	Better food for the Medford Public schools	5/3/2018 6:02 AM
44	Continue collecting data on those in need and exploring ways to serve them.	5/2/2018 8:19 PM
45	I am fortunate not to need help right now as I am still working full time at age 70.	5/2/2018 7:36 PM
46	We do not struggle with food insecurity in our family. We would be more likely to attend the farmers market if it was available over the weekend	5/2/2018 5:36 PM
47	We don't need help	5/2/2018 3:02 PM
48	Have a bulletin board or on-line/your web site announcing pantries and other low cost food opportunities. Also start a request petition for a Market Basket in this community on the West Medford side of town.	5/2/2018 2:54 PM
49	Our family is very fortunate and we rarely to never have to worry about food, but for other families in the area, I think that creating more food pantries or any place where free/discounted, nutritious food is easily accessible would help a great deal.	5/2/2018 2:48 PM
50	Another super market	5/2/2018 2:05 PM
51	Need more walkable options for food shopping. As a non-driver, it takes a lot of time to go shopping, and Whole Foods being the closest supermarket does not have many inexpensive options. More small grocery stores would help a lot.	5/2/2018 12:25 PM
52	n/a	5/2/2018 11:35 AM
53	Spend too much time working or commuting to make it to the store more than once a week, no time to cook, run out of some things before I have time to make a grocery run	5/2/2018 11:30 AM

Medford Community Food Assessment Survey - English

54	i have no needs at this time. Once I retire I will.	5/2/2018 11:09 AM
55	Bigger and better Farmers market.	5/2/2018 10:45 AM
56	Everything's good	5/2/2018 9:55 AM
57	My family doesn't have a problem with food equity or access, but I know families who do. Having more distribution choices for higher quality foods and more transportation options would help.	5/2/2018 9:42 AM
58	Things you can do are make more stores.Also, sell the food for less money	5/2/2018 9:20 AM
59	You don't have to do anything.	5/2/2018 9:19 AM
60	My family and I are fortunate enough not to need any assistance with food or access to healthy, nutritious food.	5/2/2018 9:14 AM
61	My family is relatively well off, but I am concerned for those people in my community who aren't. Thank you for running this survey.	5/2/2018 8:10 AM
62	I am not in need of help at this time but would be willing to volunteer in support of food security projects. timconant@gmail.com	5/2/2018 7:50 AM
63	We do not need help but we would like to help.	5/2/2018 7:10 AM
64	We need a more reasonably priced supermarket and something in W. Medford	5/2/2018 7:07 AM
65	Reaching all the residents of Medford and see which of the resources they need. Getting the word out is key. Thanks	5/2/2018 6:28 AM
66	by making most o the food more healthy thank and goodhye	5/2/2018 6:10 AM
67	Keep doing what your doing, my family isn't having major problems so...	5/2/2018 6:01 AM
68	please bring more food from the west Indian culture. Thanks.	5/2/2018 5:45 AM
69	My family doesn't need help.	5/2/2018 5:33 AM
70	I think we're pretty much OK, sorry that others are in tough shape.	5/2/2018 5:30 AM
71	Yeeeeeeeeet	5/2/2018 5:29 AM
72	I don't think there is a major problem with food security in Medford.	5/2/2018 4:48 AM
73	Let's get a Market Basket	5/2/2018 4:35 AM
74	We're very fortunate not to need help.	5/2/2018 4:19 AM
75	It would benefit the family because we need healthier food choices and it be more affordable	5/2/2018 4:06 AM
76	We're good, in the scheme of things. What could we do to help others?	5/2/2018 2:43 AM
77	I'm happy with my choice and variety of local stores.	5/2/2018 1:41 AM
78	more organic food at farmers market	5/1/2018 9:03 PM
79	I do not live in Medford.	5/1/2018 6:48 PM
80	I'm fine, dont need help right now	5/1/2018 6:17 PM
81	Again, more community gardens, and/or perhaps starter plants and volunteers to help plant home fruit/vegetable gardens.	5/1/2018 5:51 PM
82	No help is needed.	5/1/2018 5:50 PM
83	We are ok. We would like to help others.	5/1/2018 4:29 PM
84	Thank you for having the survey	5/1/2018 3:46 PM
85	Mail or email more coupons	5/1/2018 3:32 PM
86	My family and I don't need help but I really want others in need to get assistance to enable them to eat healthy and affordable food.	5/1/2018 2:48 PM
87	Na	5/1/2018 2:39 PM
88	I am one of the lucky ones and do not need assistance at this time.	5/1/2018 2:33 PM
89	My family is not in need	5/1/2018 2:27 PM

Medford Community Food Assessment Survey - English

90	Don't raise taxes to subsidize equitable food programs.	5/1/2018 2:25 PM
91	Not applicable	5/1/2018 1:59 PM
92	It would be great to have more fresh produce options within walking and biking distance of where I live	5/1/2018 1:57 PM
93	Not sure they can help with the cost of food from companies	5/1/2018 1:50 PM
94	Market Basket	5/1/2018 1:43 PM
95	- Hold public classes on growing organic fruits and vegetables - Have more donations to food pantries by local farmers (gleaners), local food pantry gardens, and local supermarkets.	5/1/2018 1:38 PM
96	I would like to volunteer with my children helping set up community food banks, community meals, packing bagged lunches or backpacks of food for the weekend for all families in Medford who would benefit from these services.	5/1/2018 1:28 PM
97	Currently we have no food security needs and are very fortunate, but would be interested in helping with community programming to ensure food security for all in the city.	5/1/2018 1:22 PM
98	Teach people to grow their own vegetables	5/1/2018 1:21 PM
99	Bring market basket to Medford!	5/1/2018 1:09 PM
100	I don't have any problem getting food. I would like to see more community gardens and small local grocery stores that I can walk to , where you can get fresh food , not like rite aid which only has junk food and a very small number of basics. I want walkable small green grocers.	5/1/2018 12:49 PM
101	We do not need help obtaining food it is just in the preparation and cooking of the food that we need help.	5/1/2018 12:27 PM
102	I think my family is very lucky to have food. Even when money is tight, food really isn't an issue. I would be interested in learning about ways to be more creative with my food as well as willing to help others build up a community around food.	5/1/2018 12:19 PM
103	Fresh produce available in Medford Square	5/1/2018 12:08 PM
104	We're doing fine. Let us know how we can help you.	5/1/2018 11:56 AM
105	more options in West Medford besides Whole Foods.	5/1/2018 10:22 AM
106	I don't know. I can't eat normal food (i.e. cereal, rice, potatoes, tuna, meat).	5/1/2018 8:48 AM
107	More competition to drive food costs down, like Market Basket! Some families can only go shopping once a month. The new Wegman's is too expensive and not very friendly and convenient for value and bulk (monthly) shopping. Farmer's Markets tend to cater to "artisanal" products instead of basic fresh fruits and vegetables. Also, having the market split across the Sq. is confusing. The only food pantry I have every been able to get to, that treats you with kindness and respect, is in Malden. Everything services related is in Malden. No one should be made to feel "poor" because of food insecurities. Unfortunately, the City of Medford treats the poor like beggars who should be grateful for whatever they get. I for one have stopped looking to City Hall for information or guidance. You can get more help from the internet than you can get from the Community development office.	5/1/2018 8:42 AM
108	Help me find ways to help other families in need.	5/1/2018 5:25 AM
109	Im all good	5/1/2018 5:11 AM
110	We are ok, but we see a great need for other options for lower income families, including access, healthy low cost foods and support (instruction, equipment) on how to prepare quality foods. Thanks for your work on this issue!	5/1/2018 4:42 AM
111	Perhaps provide information to parents about food market options in the area. If this exists, I am not aware because I don't receive it. Perhaps include it in the blue book and emails, pass a flyer in kids folders etc.	4/30/2018 10:57 PM
112	n/a	4/30/2018 5:33 PM
113	Workshop on gardening would be awesome, because we could spend less on vegetables, fruits at least for some part of the year. Also, farmer's market more than one day a week, or maybe one day and a little more time.	4/30/2018 5:01 PM
114	Thank you for the effort.	4/30/2018 4:38 PM

Medford Community Food Assessment Survey - English

115	Try to see who actually needs the extra food don't just give it away for free	4/30/2018 4:30 PM
116	More variety in the farmers markets and more days to go ! Plus better parking	4/30/2018 12:54 PM
117	.	4/30/2018 10:54 AM
118	No help needed	4/30/2018 10:51 AM
119	No assistance needed at this time	4/30/2018 6:13 AM
120	Have healthier options in schools. Identify who is hungry in the community. Lower prices on farmers markets and lower prices for produce and healthy options. Is there a way to get Whole Foods to lower their prices? They're in Medford, for goodness sake, but their prices are prohibitive.	4/30/2018 6:02 AM
121	By providing clear information about my neighbors that have needs in this area.	4/30/2018 6:01 AM
122	It would be really nice to close down High Street in West Medford and have a Farmer's Market on the weekends. Similar to what they do in Union Sq or even Waltham. I think a lot of the families in the West Medford would come out to shop, and be a draw for people outside of Medford.	4/30/2018 5:29 AM
123	Think the survey is a great idea to help with inequitable food access. Create local food drives at food stores for people to drop off goods in the store while they're shopping.	4/30/2018 5:21 AM
124	Lower cost options	4/30/2018 5:20 AM
125	We can help others.	4/30/2018 5:14 AM
126	Make food cheaper, and have a market basket closer to us.	4/30/2018 5:03 AM
127	Natural foods are too expensive. We try to eat pure food but can't afford organic. It's just too expensive. Organic community gardens would be great addition to Medford!	4/30/2018 4:27 AM
128	Better pricing on a quality fresh produce and dairy.	4/30/2018 4:23 AM
129	We're ok. Please use resources where more needed.	4/30/2018 4:17 AM
130	We do not have issues buying or retrieving food. We have a car and enough income.	4/30/2018 4:05 AM
131	Better school food. I barely eat school lunch because I don't think it is fresh.	4/29/2018 4:53 PM
132	We don't need assistance with food related issues. We donate to local food pantries through the school. In terms of food equity in Massachusetts we participate in the Walk For Hunger every year.	4/29/2018 4:07 PM
133	We good.	4/29/2018 10:47 AM
134	I'm fine.	4/29/2018 9:25 AM
135	I am a single father, so some help with healthy meal preparation education would be a great blessing.	4/29/2018 9:21 AM
136	I am okay	4/29/2018 9:17 AM
137	More education on how to be effective and healthy in our food shopping and preparation.	4/29/2018 8:53 AM
138	Being able to access more fresh fruit and veggies that are organic and affordable. I know I can get some kind of bonus if I use my SNAP at farmer's markets, but it is confusing and embarrassing trying to figure out how to do it.	4/29/2018 7:19 AM
139	My family does not need help, but I would very much appreciate the opportunity to volunteer my time to help other families.	4/29/2018 2:26 AM
140	Increase healthy snacks for kids in school throughout the school day.	4/28/2018 5:36 PM
141	Help how to eat healthier and grow our own food if possible. With the high living costs, low pay, high daycare and apartment rental fees, there is little money to eat healthy.	4/28/2018 5:31 PM
142	fire john lazzaro from the medford public school system	4/28/2018 11:53 AM
143	Quality and affordable cost	4/28/2018 10:31 AM
144	do not know what the Medford food security task force is so cannot answer this	4/28/2018 5:39 AM
145	We are fortunate we have the resources we need, but long hours at work sometimes result in poor eating habits. Ideas on healthy food options always welcome.	4/28/2018 5:34 AM
146	Thank you! We don't need any help. Sorry to hear other don't have food to eat in this town	4/27/2018 10:34 PM

Medford Community Food Assessment Survey - English

147	Making food more affordable. It's too expensive!	4/27/2018 9:44 PM
148	Thanks- we're doing pretty well!	4/27/2018 7:20 PM
149	community garden might help	4/27/2018 4:55 PM
150	We don't need help, but we are thankful on behalf of the larger community for your efforts on this.	4/27/2018 2:22 PM
151	Better school lunches, as in, put salt in the food, don't overcook the pasta and vegetables, and have more varieties of breakfast instead of the same things every single day.	4/27/2018 1:26 PM
152	We are fine .	4/27/2018 12:51 PM
153	I am fine now. A few years ago I was between jobs and times were tough economically. That's when having healthy, nutritious food for me was a challenge. But there was always enough food for my children. My health has been effected but not my children's.	4/27/2018 12:29 PM
154	Help for Disabled people based on want and need (not dependent on federal or state govt services)	4/27/2018 12:00 PM
155	I feel like we get the food we need.	4/27/2018 11:56 AM
156	I think it would be very nice to have a quality, affordable grocery store within a short distance from my home. We are a one car family and it is not always convenient waiting for transportation with small children. Thank you.	4/27/2018 10:42 AM
157	We have good food security for our family but I'm very pleased to hear about the Task Force on behalf of those who are struggling with food security.	4/27/2018 10:23 AM
158	I would like to see a Market Basket in Medford.	4/27/2018 7:45 AM
159	While our family is not in need of assistance acquiring/accessing food, it does concern me that there are students whose families do struggle. I applaud your efforts to address this very concerning issues. Students cannot possibly perform to their potential in academics and sports if they are not receiving appropriate nutrition and certainly if they are hungry.	4/27/2018 7:26 AM
160	Fortunately, my family does not have to deal with food insecurity, but I appreciate all that you are doing for those in our community who do.	4/27/2018 7:19 AM
161	I am a single working parent. I am not eligible for ANY assistance, but often find ourselves not being able to eat fresh produce. Offer those food vouchers to people like me who work, pay bills and sometimes food runs short because we're paying the high rents of Medford	4/27/2018 7:16 AM
162	Our household is all set. Would contribute to a general fund if it went directly to a child/family in need (sponsor) or contribute to the overall cost of the program if it was known. (spend down)	4/27/2018 7:11 AM
163	My child attends Columbus Elementary School and is fortunate enough to not struggle with food access at home. But I sincerely wish the food options provided at school were more nutritious - particularly the free breakfast items which are the only food source for many of the students for both breakfast and lunch. Easy access to lucky charms is not a great solution for a hungry child being asked to learn. I am relieved our school system doesn't force these kids to go hungry, but I wish we could set them up for more success with a better foundation each day.	4/27/2018 7:00 AM
164	I think having FRESH and WHOLE foods available at reasonable costs benefits the whole community. Healthy choices vs. cheap choices should be priority!	4/27/2018 6:59 AM
165	My family doesn't need help, but please let me know how I can volunteer to help others.	4/27/2018 6:54 AM
166	I don't have any issues with this	4/27/2018 6:53 AM
167	We need to lower prices down for poor/low income families and do food banks	4/26/2018 6:42 PM
168	To be able to enroll in DTA food stamps would help. Get better paying jobs to be independent.	4/26/2018 5:48 PM
169	In general, you can put more quality and healthy foods at Stop and Shop near Fellsway. Also, could lower the prices too. Thank you!	4/26/2018 4:03 PM
170	We are not in need. Thanks for helping those who are!	4/26/2018 2:32 PM
171	Please make food more affordable.	4/26/2018 10:51 AM
172	I don't need help	4/26/2018 10:15 AM
173	I don't have problems accessing food.	4/26/2018 9:30 AM

Medford Community Food Assessment Survey - English

174	Bring a Market Basket to Medford. A number of family and friends drive to somerville, Chelsea or Woburn to shop. Wegmans is not reasonable for a family of 4 and Stop and Shop is only good for sale items.	4/26/2018 8:44 AM
175	umm nothing	4/26/2018 8:36 AM
176	Learning more recipes to make on budget or helping with grocery list to make recipes last longer for basic healthy meals	4/26/2018 7:53 AM
177	We are ok	4/26/2018 7:03 AM
178	My family is fortunate enough that we do not need help. I volunteered at the Food market organized by the WIC Program at City Hall and maybe some families do not about it. Making them know could help. Thank you.	4/26/2018 6:24 AM
179	We don't need help.	4/26/2018 5:59 AM
180	I don't know	4/26/2018 5:43 AM
181	Provide a better way to obtain food for less money	4/26/2018 4:45 AM
182	I am so happy to live in a town that cares for all residents and their food security. Thank you for this. (My family is very lucky, at this point, no issues.)	4/26/2018 2:50 AM
183	Affordable supermarket closer to home.	4/25/2018 7:41 PM
184	Inspection of food sold. Better prices on fresh food Less packaged and processed foods	4/25/2018 7:37 PM
185	We are very fortunate and are very thankful for that. I would love more information on how and when we can donate food to the food pantry.	4/25/2018 6:34 PM
186	This issue doesn't affect me.	4/25/2018 5:33 PM
187	Give more	4/25/2018 5:30 PM
188	Gloria C. 99 Riverside Ave. Medford MA You can help me and I will appreciate it.	4/25/2018 5:21 PM
189	I'm ok for now. Thank you.	4/25/2018 5:18 PM
190	I love the farmers market but it is hard to get to after working all day. It would be nice if there were pop-up or smaller markets in other parts of Medford. Even if it was every other week it would be nice to buy fresh veg/fruit. For example, one in West Medford near the train station would likely sell a lot and be accessible via walking or the 94/80 bus.	4/25/2018 5:14 PM
191	The farmers market prices be comparable to store prices. Have more variety.	4/25/2018 5:10 PM
192	More food store	4/25/2018 5:05 PM
193	Better quality produce at the less expensive stores so that one would not have to go to the more expensive stores to get quality fruits and veggies. It would be nice if the produce in the cheaper stores did not spoil so quickly and if it tasted better	4/25/2018 4:51 PM
194	I do not have a food security problem in my household or within my family.	4/25/2018 4:37 PM
195	Lower prices.	4/25/2018 4:30 PM
196	I'm doing just fine. no need for help. Please help others.	4/25/2018 3:33 PM
197	School lunch does not taste good. I wish they would make the food taste better so that my kids would eat it. It would be so much more convenient to purchase school lunch. We lived in Somerville previously and their school lunch was great. Thank you.	4/25/2018 3:27 PM
198	It would be nice to have a grocery store like market basket in Medford instead of another expensive grocery store that people like me who lives on a fixed budget to get better and adequate food for the money	4/25/2018 2:43 PM
199	School food that my autistic lactose intolerant child will eat	4/25/2018 2:18 PM
200	To improve hours for Farmer's Markets, maybe team up with a nearby town to do twice a week markets? Or publicize other nearby markets?	4/25/2018 1:59 PM
201	Open more big grocery stores like Market basket, trader joes, stop and shop etc.	4/25/2018 1:51 PM
202	I do not need help but so many of my students are very, very hungry and it affects their learning, health and happiness and it breaks my heart to think that they don't have even the basics for healthy eating and living in a community as rich as Medford	4/25/2018 1:42 PM

Medford Community Food Assessment Survey - English

203	we are good, thanks	4/25/2018 1:27 PM
204	None	4/25/2018 1:23 PM
205	Lower the cost of food.	4/25/2018 12:50 PM
206	Encourage hunters to set up booths at the farmers' market so that people interested in non-processed meats might purchase, or at least be introduced to a source.	4/25/2018 12:42 PM
207	free food-counseling to community members. free cooking plans and cooking lessons could be good.	4/25/2018 12:42 PM
208	More food pantries.	4/25/2018 12:36 PM
209	None at the moment	4/25/2018 11:56 AM
210	It would be great to have a farmer's market on the weekend in Medford. My husband and I both work full-time and getting to the market on a Thursday is really tough. It's great that the farmer's market accepts SNAP. I volunteered at a food bank in Medford and there is a really great need for more affordable options (or more food banks). I like Whole Foods, but it's really expensive. Having a range of options closer to West Medford and Medford Square would be helpful, especially for people without their own transportation. With the food bank on high st. only being open once per week, I wonder what people who can't make it on Thursday evening do. It would be good if they had more options.	4/25/2018 11:30 AM
211	Have school lunches be a lower cost for those not eligible for reduced or free lunch. \$3 per day is too high and more if breakfast is purchased over \$60 per month	4/25/2018 11:16 AM
212	We currently don't have difficulty with food access. I would like the city to consider providing free school lunch for all as a way to encourage healthy attitudes toward food and food access.	4/25/2018 11:13 AM
213	No personal help needed, help where needed	4/25/2018 11:08 AM
214	Make sure that everyone in my community is appropriately fed and nourished, body and soul. A comfortable community is a happy community.	4/25/2018 10:58 AM
215	reduced prices for fresh fruits/vegetables	4/25/2018 10:58 AM
216	Raise the monthly guidelines for food stamps. I work my butt off and make a little to much money to meet the guidelines. Sometimes not enough money to afford good healthy food.	4/25/2018 10:53 AM
217	We are fine in our family. I would like to help other families in our neighborhood who may not have enough food to eat.	4/25/2018 10:48 AM
218	Second farmer's market that is walking distance to West Medford. Perhaps near the Brooks School.	4/25/2018 10:46 AM
219	You can help us by having stores get more hours with more variety foods that are fresh. Also, more transportation to specifically these markets. More farmers markets and gardens would be helpful.	4/25/2018 10:33 AM
220	Would love more affordable options at farmers market. A Medford Market Basket would be nice.	4/25/2018 10:29 AM
221	We are very fortunate and do not have issues purchasing or making food. In fact, sadly we probably waste more food than we should.	4/25/2018 10:26 AM
222	We are not in need, but we know others are. With rising housing costs in Medford, this may become even more difficult for some people. So thank you for caring.	4/25/2018 10:08 AM
223	Bring a Market basket in Medford.	4/25/2018 9:59 AM
224	We don't need help but let us know if we can help others	4/25/2018 9:58 AM
225	BRING AN OUTSIDE MKT LIKE HAYMARKET TO MEDFORD. ORGANIC FOOD MUST BE AFFORDABLE	4/25/2018 9:53 AM
226	please help others - it is important!	4/25/2018 9:47 AM
227	Supermarket prices are too high!	4/25/2018 9:39 AM
228	We're the lucky ones! Glad we can contribute to food pantry at UU Church Medford	4/25/2018 9:34 AM
229	Free Public transportation Better streets	4/25/2018 9:09 AM
230	N/A	4/25/2018 9:02 AM

Medford Community Food Assessment Survey - English

231	offering cooking classes. I hate to cook!	4/25/2018 8:51 AM
232	In west medford there's either the whole foods which is expensive or the stop and shop where the quality is questionable and is just about as expensive. Having more options in this area would help... especialy since I don't drive.	4/25/2018 8:49 AM
233	More affordable farmers market options, greater number of vendors.	4/25/2018 8:44 AM
234	My family is food secure, and would love to help support others in our community. Please be sure to publicize any ways we can support our neighbors!	4/25/2018 8:42 AM
235	na	4/25/2018 8:38 AM
236	uh idk	4/25/2018 8:37 AM
237	A good initiative, please continue!	4/25/2018 8:35 AM
238	Market Basket. Not Wegmans not Trader Joe's. A family owned affordable, traditional supermarket. Market Basket.	4/25/2018 8:33 AM
239	We don't need help.	4/25/2018 8:32 AM
240	Online presentation of different ways to have a family garden, ranging from an herb box to a large raised bed, with examples of the kinds of fruit & vegetables that grow well here, when they should be picked, how much attention they need, etc.	4/25/2018 8:28 AM
241	Cheaper school lunches or better yet free. Not sure why inmates are able to get free emails but children have to pay for theirs.	4/25/2018 8:25 AM
242	None	4/25/2018 8:19 AM
243	We're very lucky, we're able to afford food readily and have no problems shopping.	4/25/2018 8:19 AM
244	My family is fine.	4/25/2018 8:18 AM
245	We work hard but are often choosing to pay bills than buy good fruits and vegetables. I joined a CSA once before but it was a lot of money to come up with.	4/25/2018 8:13 AM
246	I would like more money on my snap card	4/25/2018 8:10 AM
247	My family is generally ok, but keep up the good work! Glad to hear the city is on it.	4/25/2018 8:04 AM
248	Let us know	4/25/2018 8:03 AM
249	None	4/25/2018 7:08 AM
250	i have no issues in this area	4/25/2018 6:38 AM
251	Cheaper prices	4/25/2018 6:32 AM
252	The grocery stores need to make prices more affordable for the families that just cant afford to shop. I am a single mother of 2 teenage boys and struggle each week to pay bills and put food on my table.	4/25/2018 6:23 AM
253	I would love it if there were a small grocery store in the Square area. I could walk to shop. Also, there would be healthy food, i.e. fresh fruit and vegetables available in the Medford Square area.	4/25/2018 4:55 AM
254	More affordable food in Medford	4/25/2018 2:16 AM
255	I'm good.	4/25/2018 2:11 AM
256	Cheaper natural to organic food such as fruits and vegetables. More options about variety of items at the stores. Or increase minimum wage in order for the public to afford housings and needs. Money has a lot of impact into this matter...	4/24/2018 8:28 PM
257	if healthier foods were cheaper i would buy them more often	4/24/2018 7:59 PM
258	We're good, thanks	4/24/2018 7:41 PM
259	N/A	4/24/2018 7:41 PM
260	You can create more food markets that is close by	4/24/2018 7:00 PM
261	maybe reduce how much milk you're buying for schools, as a student I've seen a lot of milk expired after the date at my time at Medford High.	4/24/2018 6:45 PM

Medford Community Food Assessment Survey - English

262	My family does not struggle with any of these problems but I think other families need public transportation and better varieties to fit their cultural food preferences.	4/24/2018 6:42 PM
263	I would rather know how I can help other families that need help. Fortunately, I don't.	4/24/2018 6:38 PM
264	You could help my family and I by having more foods from our country.	4/24/2018 6:33 PM
265	Lower grocery prices.more good pantry we are working poor	4/24/2018 3:53 PM
266	We just want to be able to buy good quality food at an affordable price.	4/24/2018 3:36 PM
267	Get a hatian market with fruits, vegetables, meat, and sesoning from haiti	4/24/2018 3:15 PM
268	None	4/24/2018 3:12 PM
269	we're ok but there are certainly families that need help and more agencies would probably help	4/24/2018 3:00 PM
270	Getting a job for money, food is now more accessible	4/24/2018 2:33 PM
271	We are meeting our food needs.	4/24/2018 2:17 PM
272	More money for food	4/24/2018 1:45 PM
273	Inform, train and educate people on healthy eating, food and cost management and utilization of ingredients.	4/24/2018 1:31 PM
274	Not too much to add on. Medford as a city is already a great place. However, the one thing that would help itself would be some classes on how to actually make food yourself.	4/24/2018 1:26 PM
275	We are fortunate and are fine In terms of food security. It would be helpful to get community members involved in helping their neighbors. Perhaps through the school system or local churches.	4/24/2018 1:12 PM
276	Everything is fine for my family and I.	4/24/2018 12:48 PM
277	We don't need help, but thanks for asking.	4/24/2018 11:43 AM
278	We are good. We have plenty of money for food	4/24/2018 11:43 AM
279	Have a garden run by the community. Where anyone can pick the food and eat it.	4/24/2018 10:47 AM
280	dont know im 15	4/24/2018 10:34 AM
281	I don't know	4/24/2018 10:07 AM
282	Food prices are through the roof	4/24/2018 10:03 AM
283	Make school lunches better	4/24/2018 9:28 AM
284	Nothing really	4/24/2018 8:57 AM
285	I don't need help	4/24/2018 8:52 AM
286	I am on a limited budget and food stamps only gives me \$15 a month for myself and a 14 year old boy.	4/24/2018 8:40 AM
287	Our entire family has life-threatening food allergies. Allergy training and full ingredients lists at supermarkets and restaurants would be very helpful, and could save a life. Wegman's has no ingredients listed for many of their prepared-in-store foods. Whole Foods often has wrong ingredients lists. Restaurants are a crapshoot.	4/24/2018 8:33 AM
288	Well, my dad is on dialysis care so if there could be a meal provided once weekly to help lift the stress off my family	4/24/2018 8:20 AM
289	Maybe another grocery store? fresher food, and or more farmers markets.	4/24/2018 7:25 AM
290	Grocery shopping is very expensive and feel at times most is wasteful either because the food spoiled to fast and also container and plastic waste. If more corner stores and food trucks would ride through neighborhoods and set up food marts much like a flea market and sell fruits and veggies that could help. There's too much processed food . I believe it's a combination of available time, food quality, and access that is challenging in finding a work life balance in the way we live today. Let food be thy medicine and health care. If the city has empty lots turn them into community gardens like the one in front of my house at 29 Bailey street! Thank you. Marianne Najjar	4/24/2018 6:52 AM
291	leave me alone	4/24/2018 6:49 AM

Medford Community Food Assessment Survey - English

292	More available and accessible healthy food (like farmer markets and community gardens) that is locate around Medford equally.	4/24/2018 6:42 AM
293	I had no idea this existed and I haven't thought about this at all. I don't think I would qualify for anything. I made \$64,000 last year. I have three children 5 and under so I need to pay daycare and before/ after-school care- \$24,000/ year in order to keep my job. Most people don't know how hard it is. I don't advertise it either because it's pointless and I'm to busy to worry.	4/24/2018 6:39 AM
294	We're all set, thanks.	4/24/2018 6:10 AM
295	We're ok	4/24/2018 5:55 AM
296	Offer cooking classes...healthy choices and food discount programs of some sorts for normal family. Or some incentive for grocery discount for community involvement.	4/24/2018 5:29 AM
297	Evening hours at the farmers market for working families!	4/24/2018 5:26 AM
298	Better school lunches	4/24/2018 5:14 AM
299	I'm doing fine. Just busy. Thanks for doing this.	4/24/2018 4:33 AM
300	N/A	4/24/2018 4:20 AM
301	Help single WORKING mothers that don't qualify for assistance	4/24/2018 4:18 AM
302	I don't experience food insecurity however I would be willing to support efforts in Medford for those who do	4/24/2018 4:12 AM
303	no surcharge for food delivery	4/24/2018 4:10 AM
304	The Medford Food Security Task Force can help me and my family by making a greater variety of healthy foods more available. One place where this could be done is at the local farmers' market.	4/24/2018 4:04 AM
305	Make better school lunches with fresh food so that I don't need to make lunch the night before	4/24/2018 4:04 AM
306	Nothing you can do at the moment, I'm totally Ok. But corn beef is really expensive so you should lower that price.	4/24/2018 4:02 AM
307	No help needed...thanks.	4/24/2018 4:01 AM
308	My family happens to be stable but it would be nice to have more grocery stores near us besides Wegmans which is pricey at times.	4/24/2018 4:01 AM
309	More and better food in school	4/24/2018 4:01 AM
310	better food at school	4/24/2018 4:01 AM
311	Help lower the cost of groceries	4/24/2018 3:59 AM
312	I believe the problem is the COST of living in Medford. The cost is so high that my family even as small as it is have no wiggle room for food or for new clothes ect.	4/24/2018 3:58 AM
313	Me and my family don't need help	4/24/2018 3:58 AM
314	Although my family is able to get all the food we need and more most of the time with options, I feel there could be another grocery store near station landing other than Stop and Shop and Wegmans.	4/24/2018 3:53 AM
315	We don't have trouble with getting our food. We are in a developed area with lots of options of getting healthy food. We are fine the way things already are and there's not too much to improve upon in my opinion.	4/24/2018 3:43 AM
316	I think Medford High School should have more healthy food that can afford for everyone especially vegan people.	4/24/2018 3:39 AM
317	The farmer's market is made for people with money and my family doesn't have that. I want fresh food at a reasonable price. It shouldn't cost 4 dollars for a pint of blueberries!	4/24/2018 3:39 AM
318	Add more transportation near wegmans.	4/24/2018 3:38 AM
319	I keep running into difficulties with mobility. I do not need a wheelchair, but have limits with stamina in walking and standing. I am hardly the only person!	4/23/2018 7:27 PM

Medford Community Food Assessment Survey - English

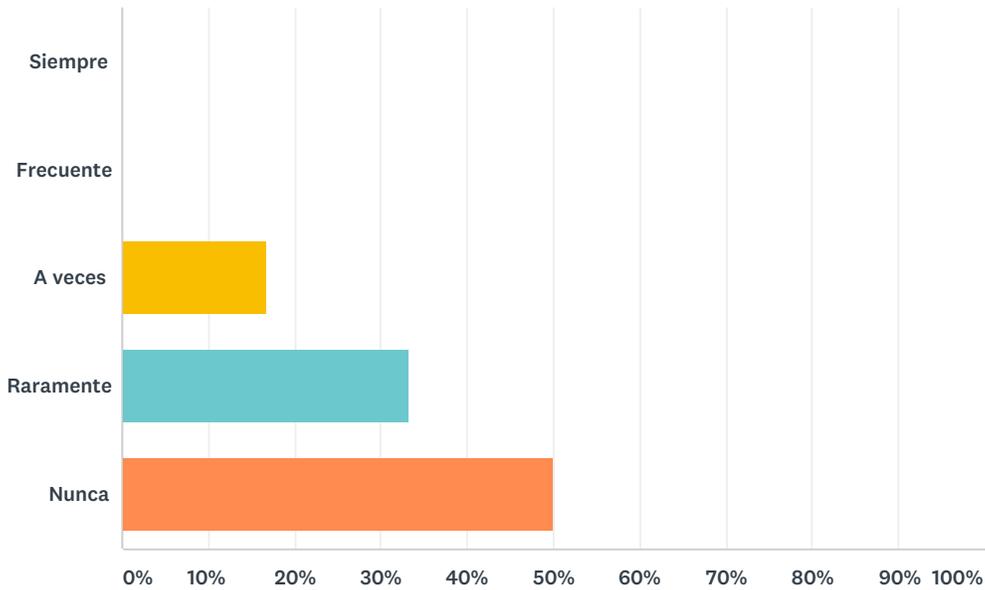
320	My family is not in need, however, all families need affordable, clean, healthy foods. I pay outrageous grocery bills trying to provide natural, organic and non-GMO food's for my family. I can't imagine how hard it must be for families struggling with income. More community gardens and local farmers markets would be wonderful.	4/23/2018 4:58 PM
321	n/a	4/23/2018 4:57 PM
322	I'm all set	4/23/2018 3:22 PM
323	You can make food cheaper. Offer healthier choices at school. Make sure to provide clean vegetables and fruits for kids at school.	4/23/2018 3:11 PM
324	The new target will help but I worry the selection will not be as good, nor the same amount of fresh food. If the large store in Everett is a guage then my problem will not be solved.	4/23/2018 3:08 PM
325	Please do a farmers market that isn't just in the square where the parking is slim	4/23/2018 3:07 PM
326	None that Medford could do	4/23/2018 2:40 PM
327	By supporting the farmer's market in their effort to increase the variety of options available at each event.	4/23/2018 1:24 PM
328	Closer grocery store in West, lower prices at Whole Foods	4/23/2018 12:00 PM
329	My family typically goes grocery shopping on the weekends at Market Basket since it has the lowest prices. Traffic on Route 16 is always a hindrance on getting affordable food.	4/23/2018 11:33 AM
330	More options	4/23/2018 11:16 AM
331	No need of help now; eventually when we cannot drive or walk to grocery stores, transportation to and from would be the main problem for us.	4/23/2018 10:31 AM
332	I'd love to be able to buy locally sourced produce in town. I'm not able to get to the farmers' market because I work during the open hours.	4/23/2018 10:28 AM
333	We're blessed to have no challenges in getting food. If anything, we would leverage any nutritional education as we raise a young child in Medford. Thanks!	4/23/2018 10:27 AM
334	cut back on new housing	4/23/2018 10:14 AM
335	Add a store that is low cost, like a Market Basket or Demoulias for families that don't have a lot of time to go to a bunch of different stores searching for the best deal.	4/23/2018 10:09 AM
336	We are really fine and would love another grocery store in the town.	4/23/2018 10:03 AM
337	i am very happy with the Snapprogram in the summer. i pay \$5.00 and receive fem fresh vegetables and fruits.	4/23/2018 9:46 AM
338	I feel that people who are elderly and/or have food stamp/SNAP cards should be able to receive an additional discount when sliding their card through the register as the stores community service. This would also benefit the store by attracting more people to shop there.	4/23/2018 8:42 AM
339	Medford should participate in World PEAS Food Hub www.worldpeascsa.org a program of the New Entry Sustainable Farming Project. 978 654 6745.	4/23/2018 8:41 AM
340	N/A	4/23/2018 8:23 AM
341	We do not need help. Thank you for asking.	4/23/2018 8:15 AM
342	By helping us more fresh products from the food pantry.	4/23/2018 8:09 AM
343	Bring a super market close to the building (MHA).	4/23/2018 8:07 AM
344	We need transportation to and from Market Basket. MB has many products that other stores don't have. In addition, you pay less for more.	4/23/2018 8:04 AM
345	More interesting food items to choose from.	4/23/2018 8:02 AM
346	You cannot. I am not eligible for any assistance	4/23/2018 8:01 AM
347	organic foods. meat, fish, poultry.	4/23/2018 8:00 AM
348	Hold the Thursday Medford Event to be open later, especially if it is still light out. I don't get home from work until this event is just about over or it is over. Timing doesn't fit with the working families.	4/23/2018 7:56 AM
349	Please more vegetables and fruits.	4/23/2018 7:54 AM

Medford Community Food Assessment Survey - English

350	More info on when Farmer Markets are in town, Thanks!	4/23/2018 7:53 AM
351	Different variety of foods.	4/23/2018 7:50 AM
352	Alls well!!	4/23/2018 7:47 AM
353	You all do a great job so far.	4/23/2018 7:43 AM
354	We are fortunate to have strong food security, but know that many families in the Medford community are food insecure. I think more stores accepting SNAP and WIC is incredibly important.	4/23/2018 7:42 AM
355	Satisfied with current system.	4/23/2018 7:41 AM
356	Good food at lower prices at stores.	4/23/2018 7:36 AM
357	I need help with getting fresh fruits and veggies. I eat meatless meals because of cost of meat.	4/23/2018 7:30 AM
358	Not for my family, but for others take into consideration cost of living in conjunction with food	4/20/2018 6:54 AM
359	I don't experience food insecurity but appreciate all you do. I think cooking programs for young people that impart skills on preparing healthful foods would be great.	4/20/2018 6:07 AM
360	We're ok	4/19/2018 10:51 PM
361	we are not having any problems nutritionally	4/19/2018 12:41 PM
362	We're all set, thanks.	4/19/2018 12:27 PM
363	Thx for The work you do, I don't need help at this time I'm all set!	4/19/2018 11:51 AM
364	Help direct us to places we can contribute food or \$.	4/19/2018 11:30 AM
365	I'm a young person with a reasonable income, but making food and finding the time to make food is an issue. I hope that our Food Plan will be more focused on people who have bigger issues with food security than I do.	4/19/2018 10:59 AM
366	Fortunately do not need this assistance at this time. However you never what life holds so think this is important	4/19/2018 10:45 AM
367	We are good, but I support the efforts to help those whose circumstances are not as good as ours.	4/19/2018 10:13 AM
368	An expanded reasonably priced farmer's market would be great	4/19/2018 9:53 AM
369	If we can have one nice Indian grocery store that will be great. Have to go to Waltham to buy Indian grocery. The ones here are way expensive and does not carry good stuff.	4/19/2018 9:43 AM
370	Myself and my family are food secure. As a former Medford resident, however, I remember how challenging public transit could be. I don't own a car and if no one could drive me I had to walk or bike to the store in bad weather - I am young and able-bodied so this never kept me from accessing healthy, affordable food, but my neighborhood was mixed-income and mixed-age and this wasn't the reality for everyone. The 89 and 101 buses that connected our neighborhood to major grocery stores were unreliable at night and on weekends.	4/19/2018 9:09 AM
371	There is a lack of cheap, better quality options in Medford. We need more grocery stores that offer cheap and high quality products to the sizable lower income population in Medford. One way to do that would be establishing more grocery stores and community gardens and making sure to include more lower-income people in community garden activities.	4/19/2018 9:08 AM
372	I don't have an issue with food insecurity right now but I do think that more community gardens would be helpful.	4/19/2018 9:07 AM

Q4 Durante los últimos 12 meses, estaba preocupado/a de que mi familia se iba a quedar sin comida antes de que yo tuviera dinero para comprar más.

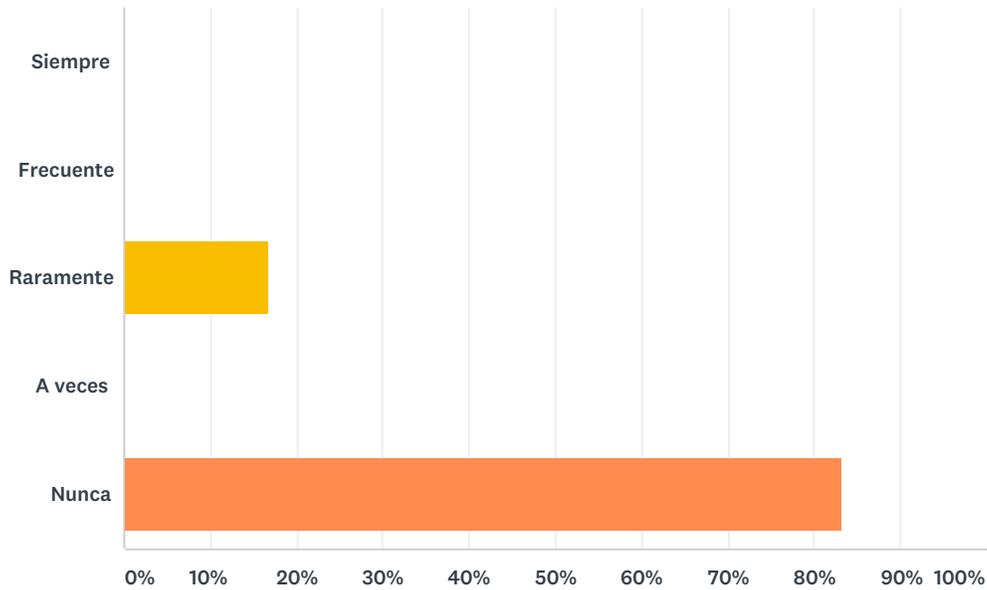
Answered: 6 Skipped: 0



ANSWER CHOICES	RESPONSES
Siempre	0.00% 0
Frecuente	0.00% 0
A veces	16.67% 1
Raramente	33.33% 2
Nunca	50.00% 3
TOTAL	6

Q5 Durante los últimos 12 meses, miembros de mi familia y yo comimos menos o hemos saltado comidas porque no había dinero para comprar más.

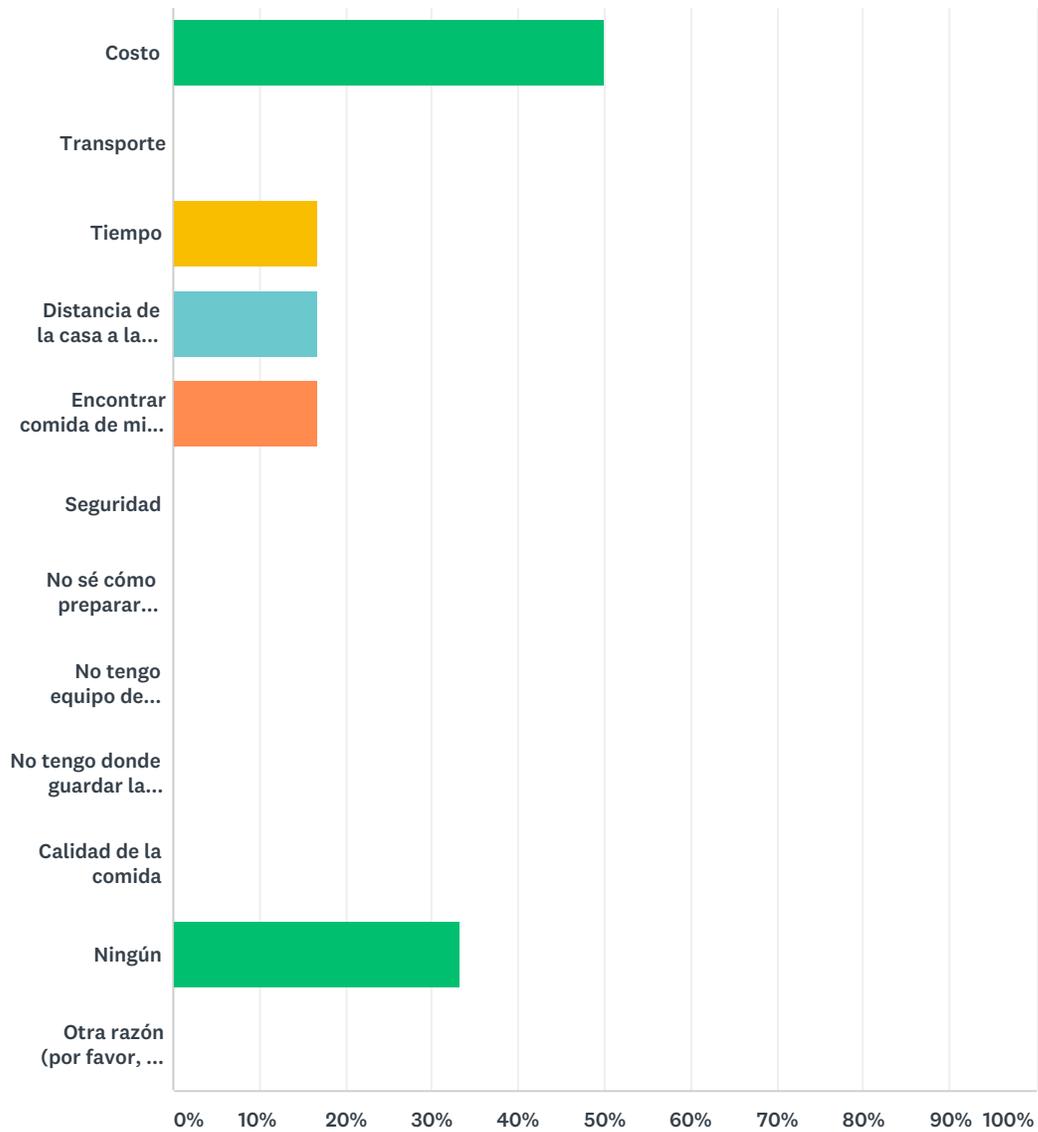
Answered: 6 Skipped: 0



ANSWER CHOICES	RESPONSES
Siempre	0.00% 0
Frecuente	0.00% 0
Raramente	16.67% 1
A veces	0.00% 0
Nunca	83.33% 5
TOTAL	6

Q15 ¿Cuales son los problemas fundamentales que le impide conseguir comida? Marque todos los que sean pertinentes

Answered: 6 Skipped: 0



ANSWER CHOICES	RESPONSES	
Costo	50.00%	3
Transporte	0.00%	0
Tiempo	16.67%	1
Distancia de la casa a la tienda	16.67%	1
Encontrar comida de mi país/cultura	16.67%	1
Seguridad	0.00%	0
No sé cómo preparar alimentos	0.00%	0

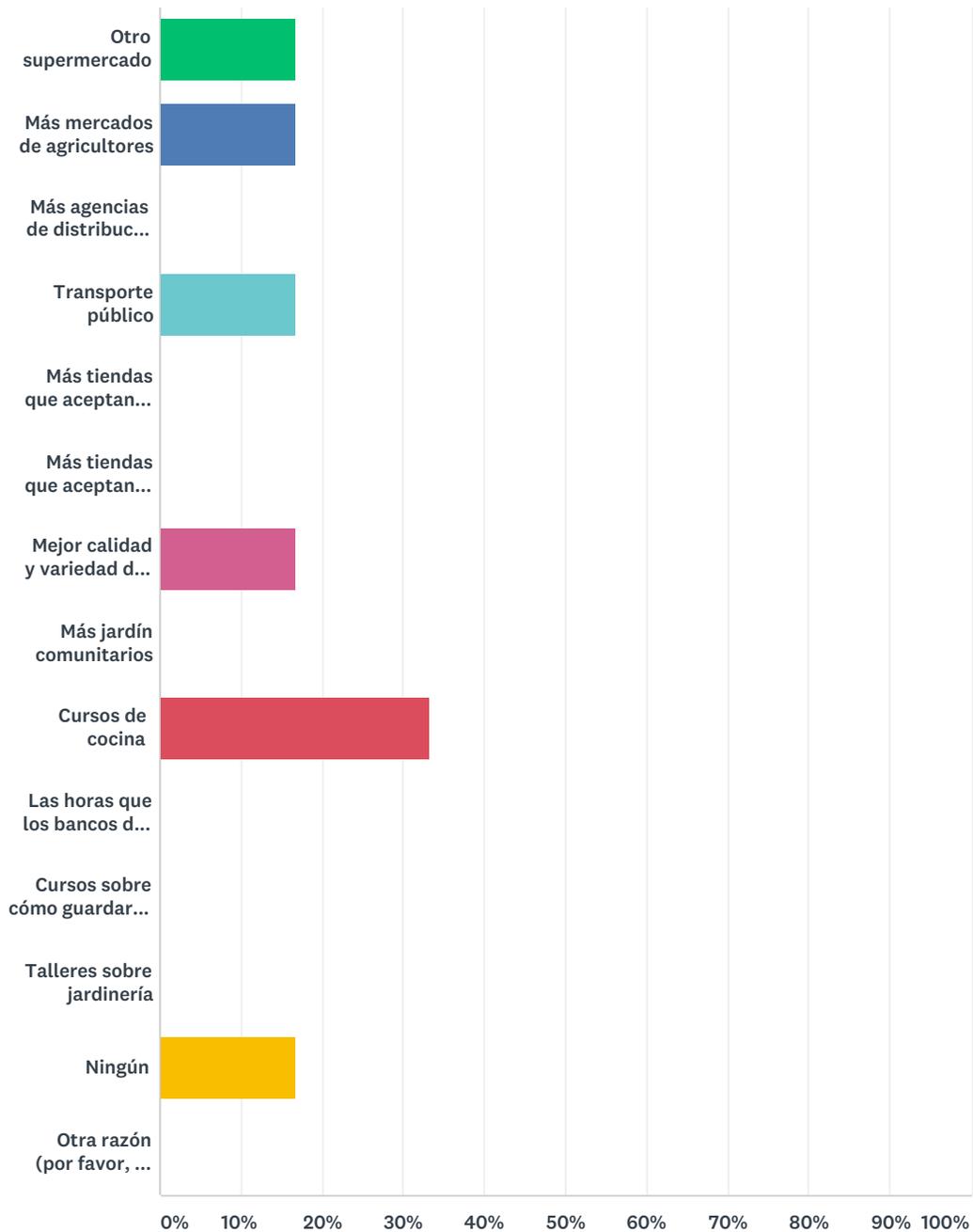
Medford Community Food Assessment Survey - Español

No tengo equipo de cocina parapreparar alimentos	0.00%	0
No tengo donde guardar la comida	0.00%	0
Calidad de la comida	0.00%	0
Ningún	33.33%	2
Otra razón (por favor, se especificó) :	0.00%	0
Total Respondents: 6		

#	OTRA RAZÓN (POR FAVOR, SE ESPECIFICÓ) :	DATE
There are no responses.		

Q16 ¿Cuales de estas opciones le ayudará a encontrar la comida que necesita? Marque todos los que sean pertinentes

Answered: 6 Skipped: 0



ANSWER CHOICES	RESPONSES	
Otro supermercado	16.67%	1
Más mercados de agricultores	16.67%	1
Más agencias de distribución de alimentos (por ejemplo: despensas dealimentos, comedores comunitarios, albergues, comidas entregadas a domicilio(meals on wheels), centros para personas mayores)	0.00%	0

Medford Community Food Assessment Survey - Español

Transporte público	16.67%	1
Más tiendas que aceptan cupones de alimentos/ SNAP vouchers	0.00%	0
Más tiendas que aceptan tarjetas de WIC	0.00%	0
Mejor calidad y variedad de comida en el supermercado	16.67%	1
Más jardín comunitarios	0.00%	0
Cursos de cocina	33.33%	2
Las horas que los bancos de alimentos están abiertos	0.00%	0
Cursos sobre cómo guardar y preservar comida	0.00%	0
Talleres sobre jardinería	0.00%	0
Ningún	16.67%	1
Otra razón (por favor, se especificó) :	0.00%	0
Total Respondents: 6		

#	OTRA RAZÓN (POR FAVOR, SE ESPECIFICÓ) :	DATE
	There are no responses.	

Q17 Los miembros del Medford Food Security Task Force quieren asegurarse de que residentes de la ciudad de Medford tienen acceso igualitario a la comida. En unas palabras, explique cómo podemos ayudarle a tener mejor acceso a comidas saludables. Si usted quiere participar en esta iniciativa, por favor póngase en contacto con Syrah al 781-475-5974 o mandale un correo electrónico al smcgivern@medford-ma.gov

Answered: 1 Skipped: 5

#	RESPONSES	DATE
1	Podemos mejorar el acceso igualitario a la comida en algunas maneras que ya has escrito. Podemos ir al mercado de agricultores o usamos el transporte publico para llegar a un mercado.	4/25/2018 4:30 PM

#1

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Tuesday, April 24, 2018 2:00:05 PM
Last Modified: Tuesday, April 24, 2018 2:18:02 PM
Time Spent: 00:17:56
IP Address: 138.197.191.243

Page 1: Kesyonè pou asesman alimantè nan vil Medford

Q1 Nan ki zòn ou rete nan Medford la? **South Medford**

Q2 Kijan ou identifye tèt ou? **Ayisyen**

Q3 Kijan ou al nan makèt? Chwazi tout sa ki mache avèw yo
Mache,
Taxi/Uber/Lyft,
MBTA,
On zanmi mennenm,
On fanmi mennenm,
Mwen kondui tèt mwen

Q4 Nan 12 dènye mwa ki sot pase yo, mwen te bay tèt mwen pwoblèm paske mwen te panse manje mwen achte nan makèt la tap fini anvan mwen te gen kòb poum achte lòt
Dè fwa

Q5 Nan dènye mwa ki sot pase yo mwen menm avèk moun lakay mwen koupe nan manje nou oubyen nou sote manje paske pat gen ase kòb pou nou achte plis manje
Dè fwa

Q6 Konbyen tan li pranw pouw rive nan makèt la? **20-30 mins**

Q7 Chak kilè ou komande manje oubyen manje deyò? **Kèk fwa nan ane a**

Q8 Ou achte produi nan Farmers Market la? **Non**

Medford Community Food Assessment Survey - Creole

Q9 Tanpri di nou poukisa ou pa achte pwodui nan Farmers Market Medford la

Mwen pat konnen te gen yon Farmers Market nan Medford

Q10 Konbyen kòb tout moun nan kay la ou fè an tou chak ane?

Mwen pa konnen

Q11 Eske oumenm oubyen on moun lakay ou itilize youn nan pwogram sa yo? Chwazi tout sa ou itilite yo

**Food stamps/
SNAP/EBT**

Q12 Konbyen moun an tou ki nan kay ou a, ou menm enkli?

Timoun mwens ke 18:

Sammy and max enly

Granmoun 18-64:

Roselie

Q13 Kibò ou plis al fè makèt? Chwazi tout kote ou ale yo

**Market Basket
BJ's,
Trader Joe's**

Q14 Kibo anko ou al chache manje? Chwazi tout kote ou ale yo

**Nan Jadin lakay ,
mwen
Kote yap bay manje,
Restoran,
Legliz/Organizasyon
kominotè**

Q15 Kisa ki plis anpeche ou mete manje sou tab lakay ou? Chwazi tout sa ki valab yo

**Pri manje,
Makèt yo two lwen,
Mwen pa konn fè manje,
Mwen pa gen anyen poum fè manje ,
Transpòtasyon,
Lòt rezon (Tanpri bay on rezon espesifik):
H**

Medford Community Food Assessment Survey - Creole

Q16 Kisa nan chwa sa yo ki tap edew jwen manje ke ou bezwen an? Chwazi tout sa ki valab

Transpò ,
publik

Fòk makèt yo bay pwodui varye ki de bòn ,
kalite

Kou kwizin ak kijan yo prepare ,
manje

Plis kote kap bay moun ki nan bezwen manje (Kote kap bay manhe, ch, meals on wheels, senior centers)

Q17 Medford Food Security Task Force ta renmen fè manje pi ekitab pou moun ki abite nan vil Medford. Ekri kèk ti mo pou di nou kijan nou ka edew ak fanmiw. Si ou ta renmen patisipe nan inisyativ sa, tanpri rele Syrah nan 781-475-5974 oubyen voye yon kourye elektwonik pou li nan smcgivern@medford-ma.gov

Respondent skipped this question

#2

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Monday, April 30, 2018 1:02:11 PM
Last Modified: Monday, April 30, 2018 1:47:15 PM
Time Spent: 00:45:03
IP Address: 99.203.54.87

Page 1: Kesyonè pou asesman alimantè nan vil Medford

Q1 Nan ki zòn ou rete nan Medford la? **Other (please specify):**
 322 Norfolk ave Boston MA
 Us

Q2 Kijan ou identifye tèt ou? **Ayisyen**

Q3 Kijan ou al nan makèt? Chwazi tout sa ki mache avèw yo **Mwen konduit tèt mwen**

Q4 Nan 12 dènye mwa ki sot pase yo, mwen te bay tèt mwen pwoblèm paske mwen te panse manje mwen achte nan makèt la tap fini anvan mwen te gen kòb poum achte lòt **Tout tan**

Q5 Nan dènye mwa ki sot pase yo mwen menm avèk moun lakay mwen koupe nan manje nou oubyen nou sote manje paske pat gen ase kòb pou nou achte plis manje **Tout tan**

Q6 Konbyen tan li pranw pouw rive nan makèt la? **5-15 mins**

Q7 Chak kilè ou komande manje oubyen manje deyò? **Chak semèn**

Q8 Ou achte produi nan Farmers Market la? **Wi**

Q9 Tanpri di nou poukisa ou pa achte pwodui nan Farmers Market Medford la **Lòt rezon:**
 ZMwen pa achte nan farmers market Medford

Medford Community Food Assessment Survey - Creole

Q10 Konbyen kòb tout moun nan kay la ou fè an tou chak ane?

Mwen pa konnen

Q11 Eske oumenm oubyen on moun lakay ou itilize youn nan pwogram sa yo? Chwazi tout sa ou itilite yo

**Food stamps/
SNAP/EBT**

Q12 Konbyen moun an tou ki nan kay ou a, ou menm enkli?

Timoun mwens ke 18:

My daughter

Granmoun 18-64:

My Wife

Granmoun 65 an ou pi gran:

and me

Q13 Kibò ou plis al fè makèt? Chwazi tout kote ou ale yo

**Okenn nan chwa sa
yo**

Q14 Kibo anko ou al chache manje? Chwazi tout kote ou ale yo

Mwen manje deyò

Q15 Kisa ki plis anpeche ou mete manje sou tab lakay ou? Chwazi tout sa ki valab yo

**Okenn nan chwa sa
yo**

Q16 Kisa nan chwa sa yo ki tap edew jwen manje ke ou bezwen an? Chwazi tout sa ki valab

**Okenn nan chwa sa
yo**

Q17 Medford Food Security Task Force ta renmen fè manje pi ekitab pou moun ki abite nan vil Medford. Ekri kèk ti mo pou di nou kijan nou ka edew ak fanmiw. Si ou ta renmen patisipe nan inisyativ sa, tanpri rele Syrah nan 781-475-5974 oubyen voye yon kourye elektwonik pou li nan smcgivern@medford-ma.gov

Mwen men ak fanning an nap viv nan chelter.

Nan address mwen ba ou able ya
Mesi bokou.

#3

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Monday, April 30, 2018 2:53:09 PM
Last Modified: Monday, April 30, 2018 3:26:53 PM
Time Spent: 00:33:44
IP Address: 172.56.35.119

Page 1: Kesyonè pou asesman alimantè nan vil Medford

Q1 Nan ki zòn ou rete nan Medford la? **Other (please specify):**
 Fellsway west ,
 Medford

Q2 Kijan ou identifye tèt ou? **Ayisyen**

Q3 Kijan ou al nan makèt? Chwazi tout sa ki mache avèw yo **Mwen konduit tèt mwen**

Q4 Nan 12 dènye mwa ki sot pase yo, mwen te bay tèt mwen pwoblèm paske mwen te panse manje mwen achte nan makèt la tap fini anvan mwen te gen kòb poum achte lòt **Tout tan**

Q5 Nan dènye mwa ki sot pase yo mwen menm avèk moun lakay mwen koupe nan manje nou oubyen nou sote manje paske pat gen ase kòb pou nou achte plis manje **Dè fwa**

Q6 Konbyen tan li pranw pouw rive nan makèt la? **5-15 mins**

Q7 Chak kilè ou komande manje oubyen manje deyò? **Jamè**

Q8 Ou achte produi nan Farmers Market la? **Non**

Q9 Tanpri di nou poukisa ou pa achte pwodui nan Farmers Market Medford la **Mwen pat konnen te gen yon Farmers Market nan Medford**

Q10 Konbyen kòb tout moun nan kay la ou fè an tou chak ane? **\$70,000-\$89,000**

Medford Community Food Assessment Survey - Creole

Q11 Eske oumenm oubyen on moun lakay ou itilize youn nan pwogram sa yo? Chwazi tout sa ou itilite yo **Okenn nan chwa sa yo**

Q12 Konbyen moun an tou ki nan kay ou a, ou menm enkli?

Timoun mwens ke 18:	2
Granmoun 18-64:	2
Granmoun 65 an ou pi gran:	1

Q13 Kibò ou plis al fè makèt? Chwazi tout kote ou ale yo **Stop & Shop**

Q14 Kibo anko ou al chache manje? Chwazi tout kote ou ale yo **Okenn nan chwa sa yo**

Q15 Kisa ki plis anpeche ou mete manje sou tab lakay ou? Chwazi tout sa ki valab yo

Pri manje,

Lòt rezon (Tanpri bay on rezon espesifik):

Plis mw travay plis yo pran tax .epi manje bon kalite yo (organik) yo vann tro ché epi kantite yo banm pou lajanm nan tro piti sa dekourajem.

Q16 Kisa nan chwa sa yo ki tap edew jwen manje ke ou bezwen an? Chwazi tout sa ki valab

Fòk makèt yo bay pwodui varye ki de bòn kalite

A ki lè kote yap bay manje yo ouvè

Q17 Medford Food Security Task Force ta renmen fè manje pi ekitab pou moun ki abite nan vil Medford. Ekri kèk ti mo pou di nou kijan nou ka edew ak fanmiw.Si ou ta renmen patisipe nan inisyativ sa, tanpri rele Syrah nan 781-475-5974 oubyen voye yon kourye elektwonik pou li nan smcgivern@medford-ma.gov

Voye mesaj sou email mw kote kap bay bon kalite manje yo.

fefemafille@yahoo.com

Mési

#4

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Monday, April 30, 2018 9:39:52 PM
Last Modified: Monday, April 30, 2018 9:56:01 PM
Time Spent: 00:16:09
IP Address: 73.60.248.173

Page 1: Kesyonè pou asesman alimantè nan vil Medford

- | | |
|---|------------------------------|
| Q1 Nan ki zòn ou rete nan Medford la? | West Medford |
| Q2 Kijan ou identifye tèt ou? | Ayisyen |
| Q3 Kijan ou al nan makèt? Chwazi tout sa ki mache avèw yo | Mwen konduit tèt mwen |
| Q4 Nan 12 dènye mwa ki sot pase yo, mwen te bay tèt mwen pwoblèm paske mwen te panse manje mwen achte nan makèt la tap fini anvan mwen te gen kòb poum achte lòt | Pa fwa |
| Q5 Nan dènye mwa ki sot pase yo mwen menm avèk moun lakay mwen koupe nan manje nou oubyen nou sote manje paske pat gen ase kòb pou nou achte plis manje | Tout tan |
| Q6 Konbyen tan li pranw pouw rive nan makèt la? | 10-20 mins |
| Q7 Chak kilè ou komande manje oubyen manje deyò? | Kèk fwa nan ane a |
| Q8 Ou achte produi nan Farmers Market la? | Wi |
| Q9 Tanpri di nou poukisa ou pa achte pwodui nan Farmers Market Medford la | Okenn nan chwa sa yo |
| Q10 Konbyen kòb tout moun nan kay la ou fè an tou chak ane? | \$30,000-\$49,000 |

Medford Community Food Assessment Survey - Creole

Q11 Eske oumenm oubyen on moun lakay ou itilize youn nan pwogram sa yo? Chwazi tout sa ou itilite yo **Lunch gratis oubyen a ba pri/Free or reduced School Lunch**

Q12 Konbyen moun an tou ki nan kay ou a, ou menm enkli?

Timoun mwens ke 18: **2**

Q13 Kibò ou plis al fè makèt? Chwazi tout kote ou ale yo **Market Basket**

Q14 Kibo anko ou al chache manje? Chwazi tout kote ou ale yo **Kote yap bay manje, Manje kominote a , ofri Legliz/Organizasyon kominotè**

Q15 Kisa ki plis anpeche ou mete manje sou tab lakay ou? Chwazi tout sa ki valab yo **Okenn nan chwa sa yo**

Q16 Kisa nan chwa sa yo ki tap edew jwen manje ke ou bezwen an? Chwazi tout sa ki valab **Fòk makèt yo bay pwodui varye ki de bòn kalite**

Q17 Medford Food Security Task Force ta renmen fè manje pi ekitab pou moun ki abite nan vil Medford. Ekri kèk ti mo pou di nou kijan nou ka edew ak fanmiw. Si ou ta renmen patisipe nan inisyativ sa, tanpri rele Syrah nan 781-475-5974 oubyen voye yon kourye elektwonik pou li nan smcgivern@medford-ma.gov

Mwen ta renmen aprann fe manje Amerikan paske gen anpil manje Amerikan ki bon

#5

COMPLETE

Collector: Web Link 2 (Web Link)
Started: Thursday, May 17, 2018 3:15:22 PM
Last Modified: Thursday, May 17, 2018 3:20:04 PM
Time Spent: 00:04:42
IP Address: 66.31.38.180

Page 1: Kesyonè pou asesman alimantè nan vil Medford

Q1 Nan ki zòn ou rete nan Medford la?	South Medford
Q2 Kijan ou identifye tèt ou?	Ayisyen
Q3 Kijan ou al nan makèt? Chwazi tout sa ki mache avèw yo	On fanmi mennenm
Q4 Nan 12 dènye mwa ki sot pase yo, mwen te bay tèt mwen pwoblèm paske mwen te panse manje mwen achte nan makèt la tap fini anvan mwen te gen kòb poum achte lòt	Jamè
Q5 Nan dènye mwa ki sot pase yo mwen menm avèk moun lakay mwen koupe nan manje nou oubyen nou sote manje paske pat gen ase kòb pou nou achte plis manje	Jamè
Q6 Konbyen tan li pranw pouw rive nan makèt la?	10-20 mins
Q7 Chak kilè ou komande manje oubyen manje deyò?	Kèk fwa nan ane a
Q8 Ou achte produi nan Farmers Market la?	Non
Q9 Tanpri di nou poukisa ou pa achte pwodui nan Farmers Market Medford la	Mwen pat konnen te gen yon Farmers Market nan Medford
Q10 Konbyen kòb tout moun nan kay la ou fè an tou chak ane?	Mwen pa konnen

Medford Community Food Assessment Survey - Creole

Q11 Eske oumenm oubyen on moun lakay ou itilize youn nan pwogram sa yo? Chwazi tout sa ou itilite yo

Lòt
chwa:
Nou pa resevwa yo

Q12 Konbyen moun an tou ki nan kay ou a, ou menm enkli?

Timoun mwens ke 18: 1
Granmoun 18-64: 1
Granmoun 65 an ou pi gran: 0

Q13 Kibò ou plis al fè makèt? Chwazi tout kote ou ale yo

Wegmans,
Market ,
Basket
Stop & Shop,
BJ's

Q14 Kibo anko ou al chache manje? Chwazi tout kote ou ale yo

Restoran

Q15 Kisa ki plis anpeche ou mete manje sou tab lakay ou? Chwazi tout sa ki valab yo

Pri manje,
Mwen pa ka jwen manje ki soti nan ,
peyim
Mwen pa gen kote poum mete manje

Q16 Kisa nan chwa sa yo ki tap edew jwen manje ke ou bezwen an? Chwazi tout sa ki valab

Ajoute plis Farmer's Market

Q17 Medford Food Security Task Force ta renmen fè manje pi ekitab pou moun ki abite nan vil Medford. Ekri kèk ti mo pou di nou kijan nou ka edew ak fanmiw. Si ou ta renmen patisipe nan inisyativ sa, tanpri rele Syrah nan 781-475-5974 oubyen voye yon kourye elektwonik pou li nan smcgivern@medford-ma.gov

Respondent skipped this question

#6

COMPLETE

Collector: Web Link 2 (Web Link)
Started: Thursday, May 17, 2018 3:20:24 PM
Last Modified: Thursday, May 17, 2018 3:23:24 PM
Time Spent: 00:02:59
IP Address: 66.31.38.180

Page 1: Kesyonè pou asesman alimantè nan vil Medford

Q1 Nan ki zòn ou rete nan Medford la?	South Medford
Q2 Kijan ou identifye tèt ou?	Ayisyen
Q3 Kijan ou al nan makèt? Chwazi tout sa ki mache avèw yo	On fanmi mennenm
Q4 Nan 12 dènye mwa ki sot pase yo, mwen te bay tèt mwen pwoblèm paske mwen te panse manje mwen achte nan makèt la tap fini anvan mwen te gen kòb poum achte lòt	Jamè
Q5 Nan dènye mwa ki sot pase yo mwen menm avèk moun lakay mwen koupe nan manje nou oubyen nou sote manje paske pat gen ase kòb pou nou achte plis manje	Jamè
Q6 Konbyen tan li pranw pouw rive nan makèt la?	10-20 mins
Q7 Chak kilè ou komande manje oubyen manje deyò?	Kèk fwa nan ane a
Q8 Ou achte produi nan Farmers Market la?	Non
Q9 Tanpri di nou poukisa ou pa achte pwodui nan Farmers Market Medford la	Mwen pat konnen te gen yon Farmers Market nan Medford
Q10 Konbyen kòb tout moun nan kay la ou fè an tou chak ane?	\$30,000-\$49,000

Medford Community Food Assessment Survey - Creole

Q11 Eske oumenm oubyen on moun lakay ou itilize youn nan pwogram sa yo? Chwazi tout sa ou itilite yo

Lòt
chwa:
Non

Q12 Konbyen moun an tou ki nan kay ou a, ou menm enkli?

Timoun mwens ke 18: 1
Granmoun 65 an ou pi gran: 1

Q13 Kibò ou plis al fè makèt? Chwazi tout kote ou ale yo

Wegmans,
Market Basket,
Stop & Shop,
BJ's

Q14 Kibo anko ou al chache manje? Chwazi tout kote ou ale yo

Lòt
chwa:
Nou pa souvan al achte manje

Q15 Kisa ki plis anpeche ou mete manje sou tab lakay ou? Chwazi tout sa ki valab yo

Pri manje,
Mwen pa ka jwen manje ki soti nan peyim

Q16 Kisa nan chwa sa yo ki tap edew jwen manje ke ou bezwen an? Chwazi tout sa ki valab

Ajoute plis Farmer's Market

Q17 Medford Food Security Task Force ta renmen fè manje pi ekitab pou moun ki abite nan vil Medford. Ekri kèk ti mo pou di nou kijan nou ka edew ak fanmiw. Si ou ta renmen patisipe nan inisyativ sa, tanpri rele Syrah nan 781-475-5974 oubyen voye yon kourye elektwonik pou li nan smcgivern@medford-ma.gov

Respondent skipped this question

#7

COMPLETE

Collector: Web Link 3 (Web Link)
Started: Thursday, May 17, 2018 3:45:49 PM
Last Modified: Thursday, May 17, 2018 3:49:10 PM
Time Spent: 00:03:21
IP Address: 66.31.38.180

Page 1: Kesyonè pou asesman alimantè nan vil Medford

Q1 Nan ki zòn ou rete nan Medford la? **South Medford**

Q2 Kijan ou identifye tèt ou? **Ayisyen**

Q3 Kijan ou al nan makèt? Chwazi tout sa ki mache avèw yo **Mache, MBTA, On zanmi mennenm**

Q4 Nan 12 dènye mwa ki sot pase yo, mwen te bay tèt mwen pwoblèm paske mwen te panse manje mwen achte nan makèt la tap fini anvan mwen te gen kòb poum achte lòt **Tout tan**

Q5 Nan dènye mwa ki sot pase yo mwen menm avèk moun lakay mwen koupe nan manje nou oubyen nou sote manje paske pat gen ase kòb pou nou achte plis manje **Tout tan**

Q6 Konbyen tan li pranw pouw rive nan makèt la? **20-30 mins**

Q7 Chak kilè ou komande manje oubyen manje deyò? **Anpil fwa nan on semèn**

Q8 Ou achte produi nan Farmers Market la? **Non**

Q9 Tanpri di nou poukisa ou pa achte pwodui nan Farmers Market Medford la **Mwen pat konnen te gen yon Farmers Market nan Medford**

Medford Community Food Assessment Survey - Creole

Q10 Konbyen kòb tout moun nan kay la ou fè an tou chak ane? **\$10,000-\$29,000**

Q11 Eske oumenm oubyen on moun lakay ou itilize youn nan pwogram sa yo? Chwazi tout sa ou itilite yo **Food stamps/ SNAP/EBT**

Q12 Konbyen moun an tou ki nan kay ou a, ou menm enkli?

Timoun mwens ke 18: **1**

Granmoun 18-64: **1**

Q13 Kibò ou plis al fè makèt? Chwazi tout kote ou ale yo **Stop & Shop,**
Lòt kote:
Super 88 Market

Q14 Kibo anko ou al chache manje? Chwazi tout kote ou ale yo **Restoran**

Q15 Kisa ki plis anpeche ou mete manje sou tab lakay ou? Chwazi tout sa ki valab yo **Respondent skipped this question**

Q16 Kisa nan chwa sa yo ki tap edew jwen manje ke ou bezwen an? Chwazi tout sa ki valab **Plis magazen ki aksepte food stamps/ SNAP vouchers**

Q17 Medford Food Security Task Force ta renmen fè manje pi ekitab pou moun ki abite nan vil Medford. Ekri kèk ti mo pou di nou kijan nou ka edew ak fanmiw. Si ou ta renmen patisipe nan inisyativ sa, tanpri rele Syrah nan 781-475-5974 oubyen voye yon kourye elektwonik pou li nan smcgivern@medford-ma.gov **Respondent skipped this question**

#8

COMPLETE

Collector: Web Link 3 (Web Link)
Started: Thursday, May 17, 2018 3:49:39 PM
Last Modified: Thursday, May 17, 2018 3:53:37 PM
Time Spent: 00:03:57
IP Address: 66.31.38.180

Page 1: Kesyonè pou asesman alimantè nan vil Medford

Q1 Nan ki zòn ou rete nan Medford la? **Other (please specify):**
 East Medford- mystic valley
 pkwy

Q2 Kijan ou identifye tèt ou? **Ayisyen**

Q3 Kijan ou al nan makèt? Chwazi tout sa ki mache avèw yo **Mache, MBTA**

Q4 Nan 12 dènye mwa ki sot pase yo, mwen te bay tèt mwen pwoblèm paske mwen te panse manje mwen achte nan makèt la tap fini anvan mwen te gen kòb poum achte lòt **Souvan**

Q5 Nan dènye mwa ki sot pase yo mwen menm avèk moun lakay mwen koupe nan manje nou oubyen nou sote manje paske pat gen ase kòb pou nou achte plis manje **Souvan**

Q6 Konbyen tan li pranw pouw rive nan makèt la? **5-15 mins**

Q7 Chak kilè ou komande manje oubyen manje deyò? **Chak semèn**

Q8 Ou achte produi nan Farmers Market la? **Non**

Q9 Tanpri di nou poukisa ou pa achte pwodui nan Farmers Market Medford la **Mwen pat konnen te gen yon Farmers Market nan Medford**

Medford Community Food Assessment Survey - Creole

Q10 Konbyen kòb tout moun nan kay la ou fè an tou chak ane?

Mwen pa konnen

Q11 Eske oumenm oubyen on moun lakay ou itilize youn nan pwogram sa yo? Chwazi tout sa ou itilite yo

Okenn nan chwa sa yo

Q12 Konbyen moun an tou ki nan kay ou a, ou menm enkli?

Timoun mwens ke 18:

2

Granmoun 18-64:

4

Q13 Kibò ou plis al fè makèt? Chwazi tout kote ou ale yo

**Wegmans,
Stop & Shop,
BJ's**

Q14 Kibo anko ou al chache manje? Chwazi tout kote ou ale yo

**Lòt
chwa:
mwen achte manje**

Q15 Kisa ki plis anpeche ou mete manje sou tab lakay ou? Chwazi tout sa ki valab yo

**Pri manje,
Sekirite**

Q16 Kisa nan chwa sa yo ki tap edew jwen manje ke ou bezwen an? Chwazi tout sa ki valab

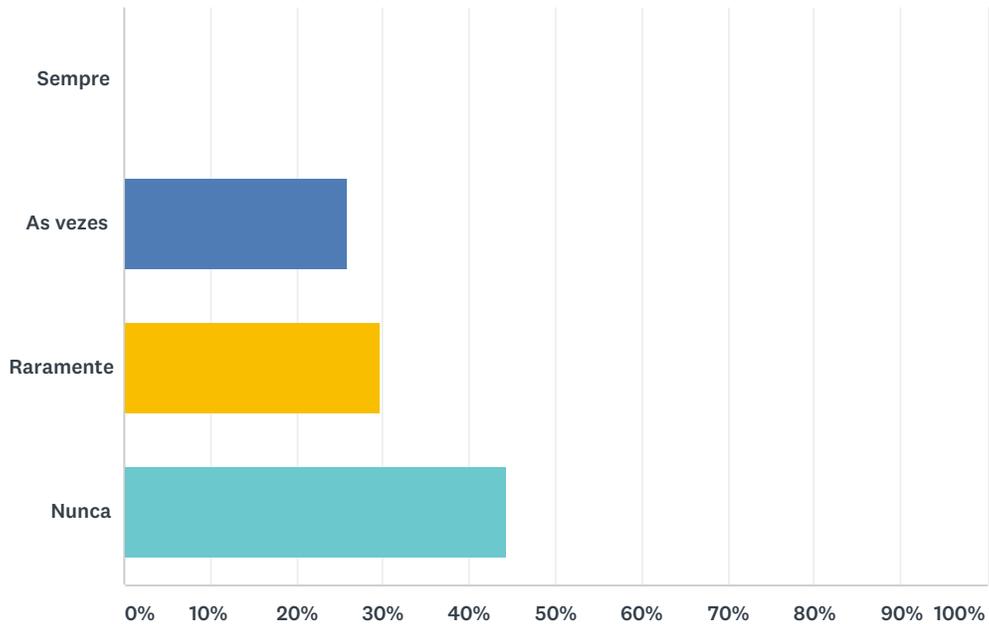
**Ajoute plis Farmer's Market,
Transpò publik,
Plis magazen ki aksepte food stamps/ SNAP vouchers,
Plis magazen ki akepste kat WIC,
Fòk makèt yo bay pwodui varye ki de bòn kalite,
A ki lè kote yap bay manje yo ouvè,
Plis kote kap bay moun ki nan bezwen manje (Kote kap bay manhe, ch, meals on wheels, senior centers)**

Q17 Medford Food Security Task Force ta renmen fè manje pi ekitab pou moun ki abite nan vil Medford. Ekri kèk ti mo pou di nou kijan nou ka edew ak fanmiw. Si ou ta renmen patisipe nan inisyativ sa, tanpri rele Syrah nan 781-475-5974 oubyen voye yon kourye elektwonik pou li nan smcgivern@medford-ma.gov

Respondent skipped this question

Q4 Nos últimos 12 meses, eu estava preocupado que a comida que eu comprasse fosse acabar antes que eu tivesse dinheiro para comprar mais

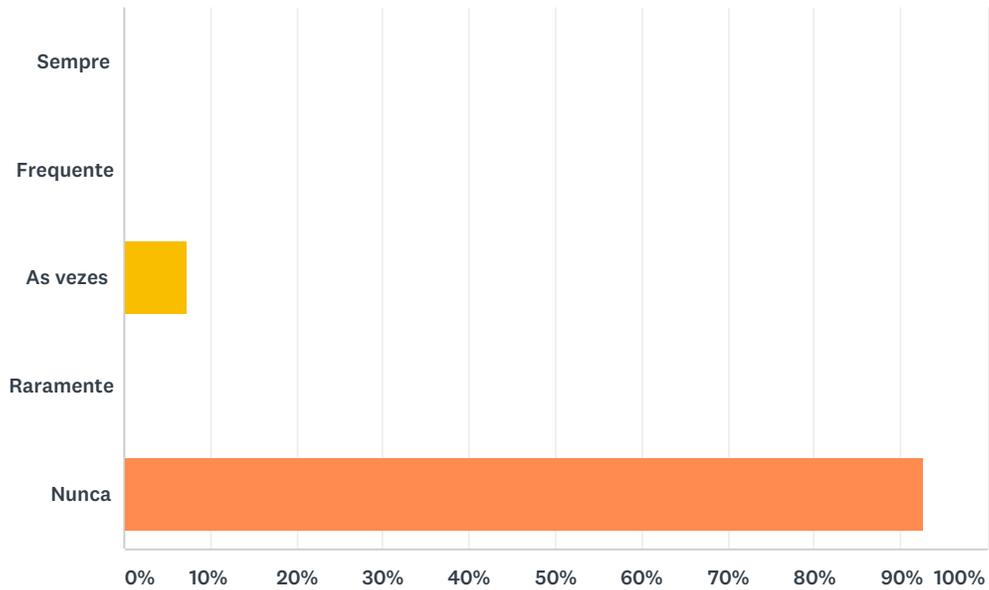
Answered: 27 Skipped: 0



ANSWER CHOICES	RESPONSES
Sempre	0.00% 0
As vezes	25.93% 7
Raramente	29.63% 8
Nunca	44.44% 12
TOTAL	27

Q5 Nos últimos 12 meses, eu ou outras pessoas da minha casa cortamos o tamanho de nossas refeições ou pulamos refeições porque não havia dinheiro suficiente para comprar mais alimentos

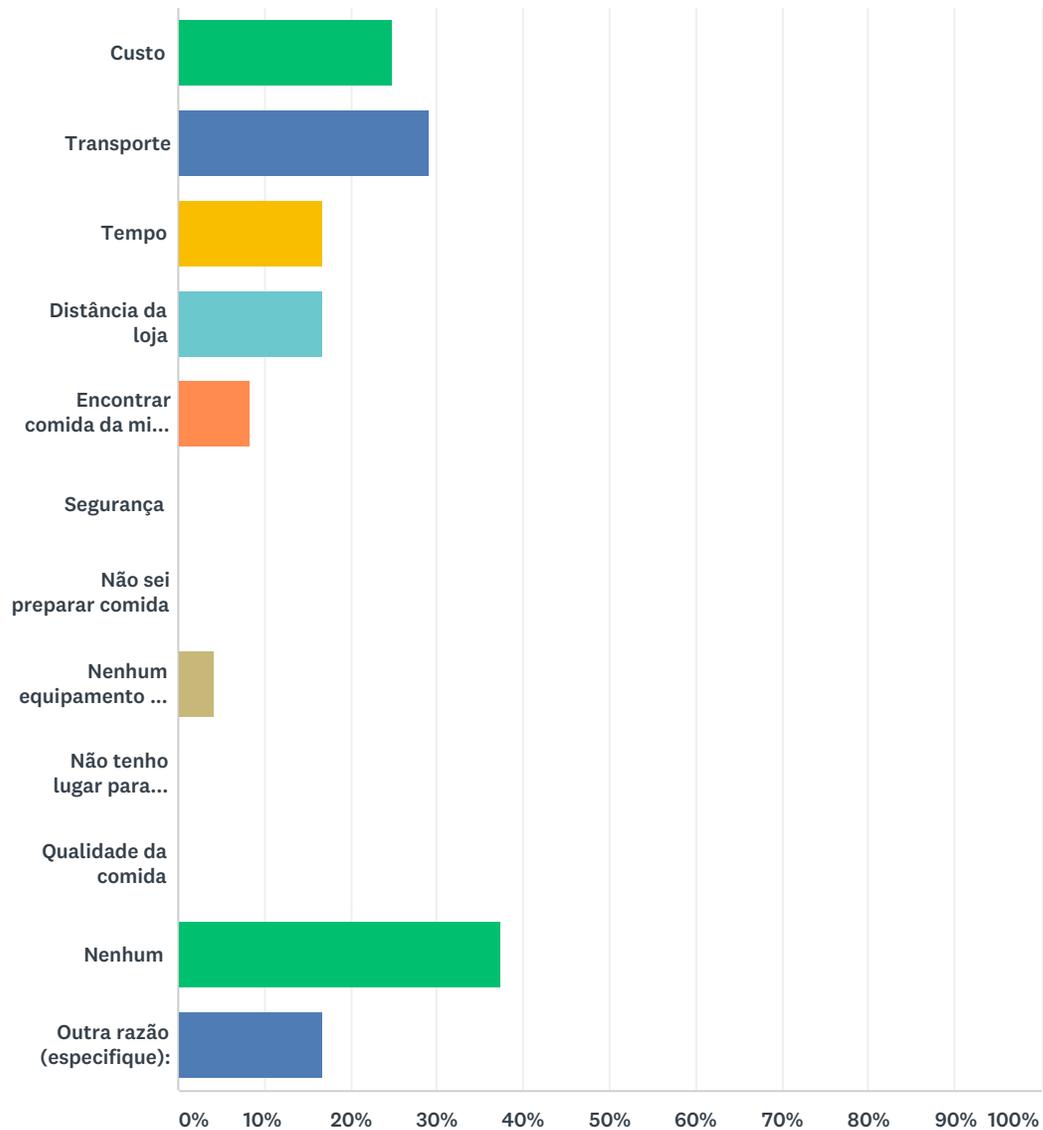
Answered: 27 Skipped: 0



ANSWER CHOICES	RESPONSES	
Sempre	0.00%	0
Frequente	0.00%	0
As vezes	7.41%	2
Raramente	0.00%	0
Nunca	92.59%	25
TOTAL		27

Q15 Quais são os principais problemas de obter sua comida? Assinale todos os que se aplicam

Answered: 24 Skipped: 3



ANSWER CHOICES	RESPONSES
Custo	25.00% 6
Transporte	29.17% 7
Tempo	16.67% 4
Distância da loja	16.67% 4
Encontrar comida da minha cultura ou do meu país	8.33% 2
Segurança	0.00% 0
Não sei preparar comida	0.00% 0

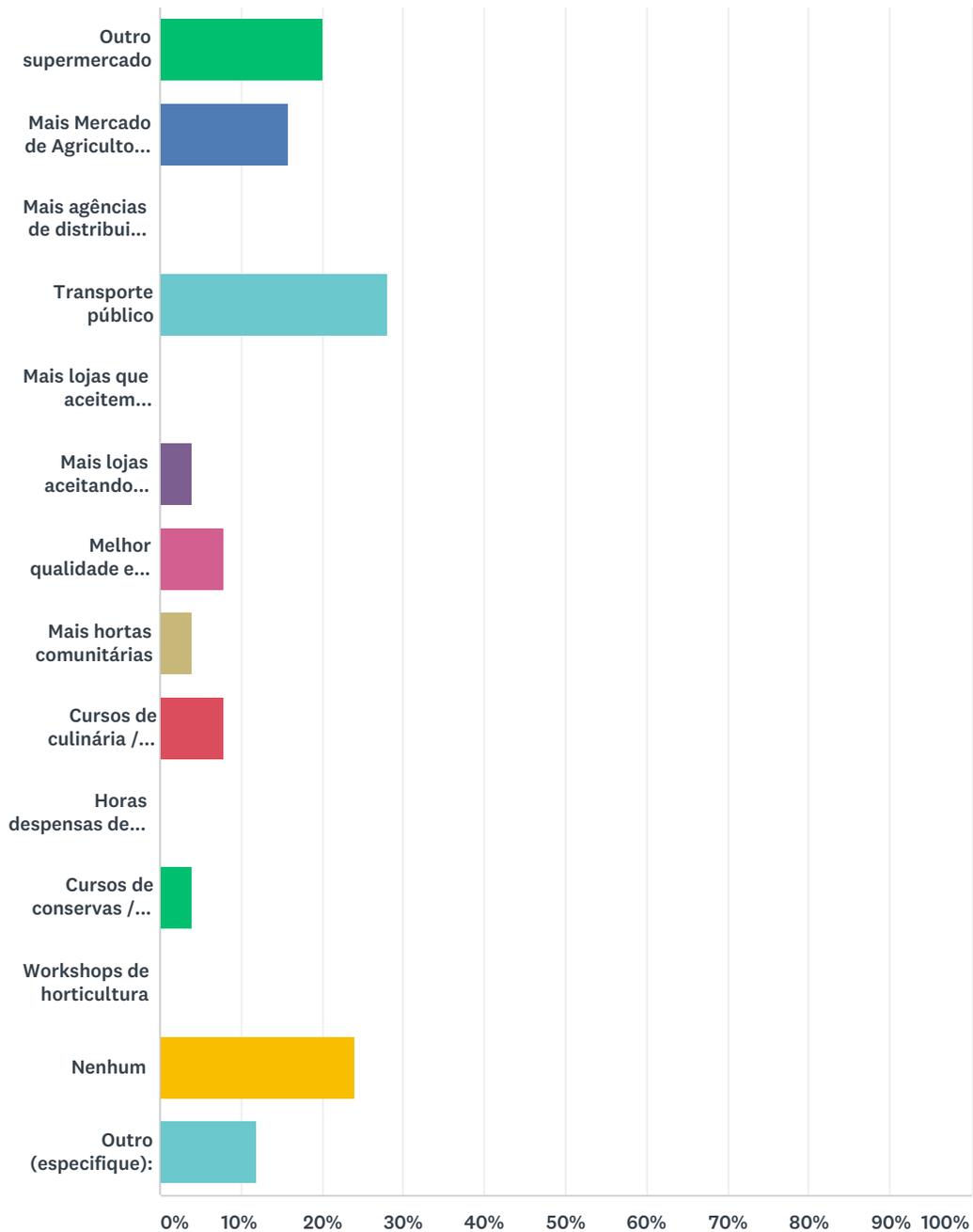
Medford Community Food Assessment Survey - Portuguese

Nenhum equipamento de cozinha para preparar comida	4.17%	1
Não tenho lugar para guardar comida	0.00%	0
Qualidade da comida	0.00%	0
Nenhum	37.50%	9
Outra razão (especifique):	16.67%	4
Total Respondents: 24		

#	OUTRA RAZÃO (ESPECIFIQUE):	DATE
1	no comments	5/17/2018 9:29 AM
2	no comments	5/17/2018 9:02 AM
3	Obrigada	4/27/2018 10:17 AM
4	U	4/24/2018 9:57 AM

Q16 Qual das opções a seguir ajudaria você a obter a comida de que precisa? Assinale todos os que se aplicam

Answered: 25 Skipped: 2



ANSWER CHOICES	RESPONSES
Outro supermercado	20.00% 5
Mais Mercado de Agricultores Locais	16.00% 4
Mais agências de distribuição de alimentos (por exemplo: despensas de alimentos, cozinhas de sopa, abrigos, refeições sobre rodas, centros de idosos)	0.00% 0

Medford Community Food Assessment Survey - Portuguese

Transporte público	28.00%	7
Mais lojas que aceitem vale-refeição e vales do SNAP	0.00%	0
Mais lojas aceitando cartões WIC	4.00%	1
Melhor qualidade e variedade de produtos em mercearias	8.00%	2
Mais hortas comunitárias	4.00%	1
Cursos de culinária / preparação de alimentos	8.00%	2
Horas despensas de comida estão abertas	0.00%	0
Cursos de conservas / conservação de alimentos	4.00%	1
Workshops de horticultura	0.00%	0
Nenhum	24.00%	6
Outro (especifique):	12.00%	3
Total Respondents: 25		

#	OUTRO (ESPECIFIQUE):	DATE
1	no information was checked	5/17/2018 9:29 AM
2	Obrigada	4/27/2018 10:17 AM
3	nothing	4/24/2018 10:19 AM

Q17 Medford Food Security Task Force quer tornar a comida mais justa para os moradores de Medford. Em poucas frases, descreva como podemos ajudar você e sua família. Se você quiser se envolver, entre em contato com Syrah pelo número 781-475-5974 ou smcgivern@medford-ma.gov

Answered: 14 Skipped: 13

#	RESPONSES	DATE
1	Do apartamento que moro e caro, por isso o dinheiro as vezes se torna pouco. Por causa da distancia tenho que pagar transporte as vezes tenho que chamar taxi porque nao cabe no uber.	5/17/2018 11:40 AM
2	Stated "no problem" "I'm good!!"	5/17/2018 9:29 AM
3	no problem	5/17/2018 9:06 AM
4	No problem	5/17/2018 9:02 AM
5	no comments	5/17/2018 8:57 AM
6	Acho food agricultura	5/1/2018 3:05 PM
7	O bom era se tivesse um supermercado com os preços mais baixos e acessíveis aqui em Medford,e o aluguel tbm é caro e isso implica na alimentação do dia a dia.obrigado.	4/30/2018 4:30 PM
8	Obrigada	4/27/2018 10:17 AM
9	Eu gostaria de comprar mais alimento organico se não fosse tão caro.	4/26/2018 2:18 PM
10	Só agradecer a preocupação e o gesto bonito e que mesmo que minha família não faça uso dos programas que ele se estenda a pessoas menos favorecidas e que realmente esteja com dificuldades para comer.	4/25/2018 1:47 PM
11	Gostaria de receber um livro com receitas saudáveis para criança. Obrigada	4/25/2018 9:32 AM
12	Alimentava os mais saudável a um custo mais baixo	4/25/2018 8:38 AM
13	Gostaria de saber onde encontro alimentos frescos e de boa qualidade, orgânicos com o preço justo...obrigada ☐	4/24/2018 3:31 PM
14	Diminuir o preço quase que abusivo dos alimentos no supermercado. E também melhorar a qualidade das refeições oferecidas pelas escolas.	4/24/2018 12:04 PM