

Randolph Community Health Needs Assessment & Community Wellness Plan

What is a Community Health Needs Assessment?

A Community Health Needs Assessment (CHNA) is an organized multi-sectoral process that is led by community partners and leaders to identify a community's strengths and areas of greatest health need.

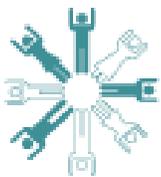


What is a Community Wellness Plan?

A Community Wellness Plan uses information gathered from the CHNA and provides recommendations for realizing the community's vision for improved health. These recommendations look beyond the doctors office at how the community and its roads, buildings, and services can improve community health and well-being.

Major Themes and Findings

Diversity, Racism, & Representation



Randolph is majority people of color

"This is a diverse community and we need to welcome & celebrate our diversity. The town needs to offer information in more languages & celebrate the diversity of those who want to share the towns opportunities."

Health Care



Transportation, long wait times, language and cultural barriers are cited health care access barriers

Housing



11% of Randolph housing is affordable

Physical & Social Environment



Powers Farm, Belcher Park, and RICC were highlighted as valuable community assets

"Better healthcare services lead to more timely care for folks who need it most. Our community needs to ensure that health is less of a fiscal burden. Transportation is needed to access health care services and other necessities"

Food Access

50%

Food insecurity rates are higher in Randolph than MA. Over 50% of residents qualify for SNAP

Transportation

157

157 health survey respondents said "Safer Streets" would lead to better health in Randolph

Major Health Concerns Include



Flu is most common infectious disease

2/3

2/3 of adult residents don't eat enough fruit and veggies



Mental Health a common concern among youth and older adults



Youth are less active than their peers nationally

THE COMMUNITY WELLNESS PLAN PROCESS

Steering Committee

A multi-sectoral steering committee helped shape the Community Wellness Plan goals and strategies. The Steering Committee members included residents and representatives from the Health Department, Planning Department, Turner Library, Randolph Housing Authority, Randolph Intergenerational Community Center, Randolph Public Schools, health care and social service providers among others.

Defined Community Health Needs and Priorities Through:



Public Health data



Stakeholder engagement



Interviews and focus groups



Health Survey



Crowd source mapping

Community Wellness Goals

Information gathered from the CHNA process informed the development of goals and recommendations for the Community Wellness Plan.



Implementation: The Randolph Community Wellness Plan is strategically implemented and public health in the Town is improved.



Community: Randolph is a safe and welcoming town that celebrates its unique diversity, encourages civic participation, and connects neighbors.



Health Care & Public Health: Randolph residents have access to affordable, accessible, and culturally competent preventive care and medical treatment.



Transportation: Randolph's transportation network provides residents with safe, multi-modal, and regionally coordinated options that promote health, particularly for those with mobility and income constraints, youth and seniors.



Housing: The mix of housing types meets the needs of Randolph residents, and residents live in homes that are safe, affordable and healthy.



Parks, Open Space, & Recreation: Randolph residents have access to well-maintained, safe parks that promote recreation and are located near their homes.



Food: Residents have access to enough convenient, affordable, healthy, and culturally preferred food options at stores, in school, and through food assistance programs.



Schools: Randolph Public Schools promote student and staff health and engagement.

GET INVOLVED!

To learn more about the Community Wellness Plan or to get involved with implementing the Community Wellness Plan, please reach out to Metropolitan Area Planning Council at hstucker@mapc.org

