



SWAP April Meeting

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From AARP Policy Book

*A livable community is one that is safe and secure has affordable and appropriate **housing** and **transportation** options, and has supportive **community features** and services.*

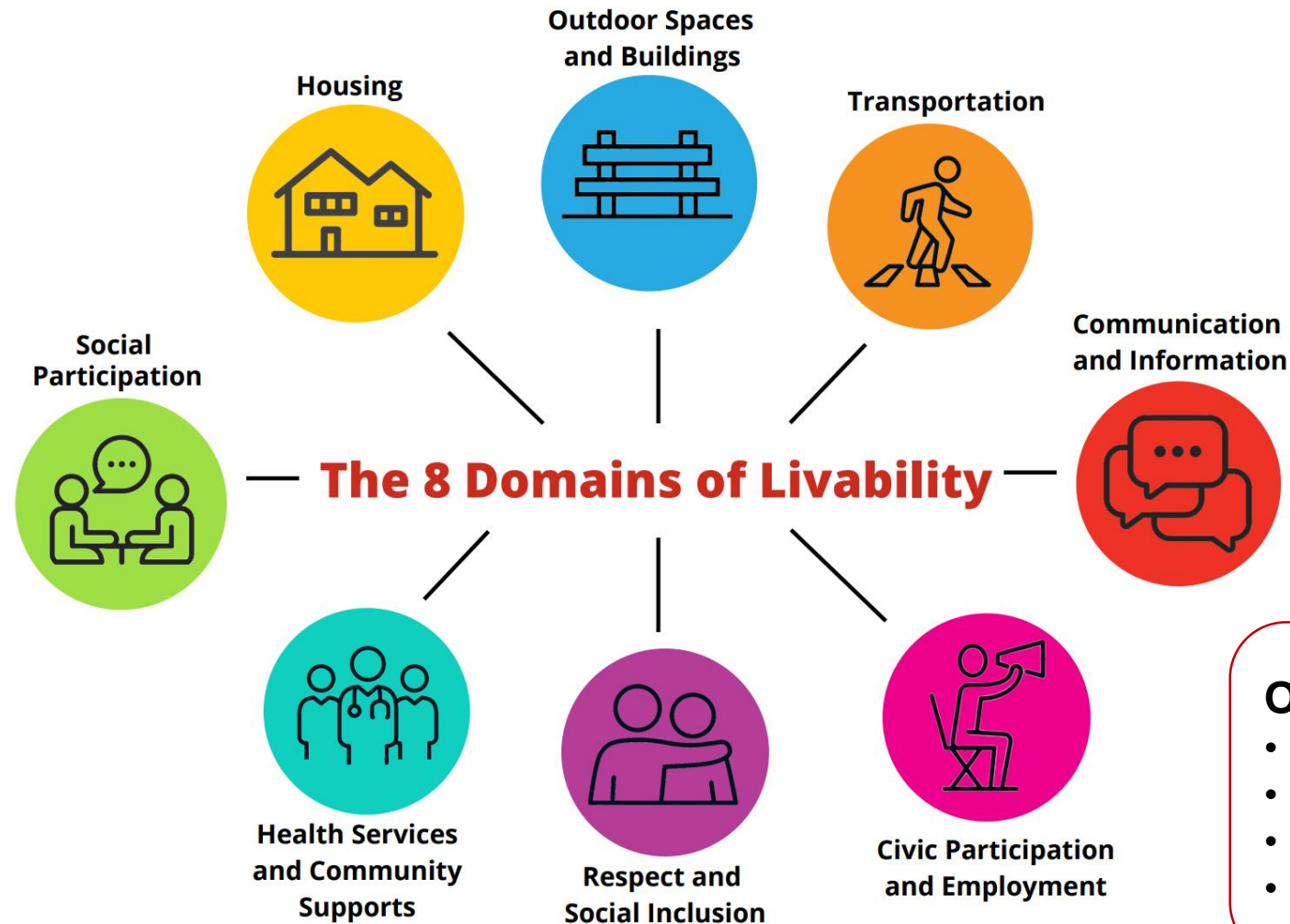
*Once in place, those resources enhance personal independence; allow residents to age in place; and foster residents' **engagement** in the community's civic, economic, and social life.*

Age-Friendly Communities

An age-friendly community is one that is free from physical and social barriers and is supported by policies, systems, services, products and technologies that:

- promote health and build and maintain physical and mental capacity across the life course; and*
- enable people, even when experiencing capacity loss, to continue to do the things they value.*

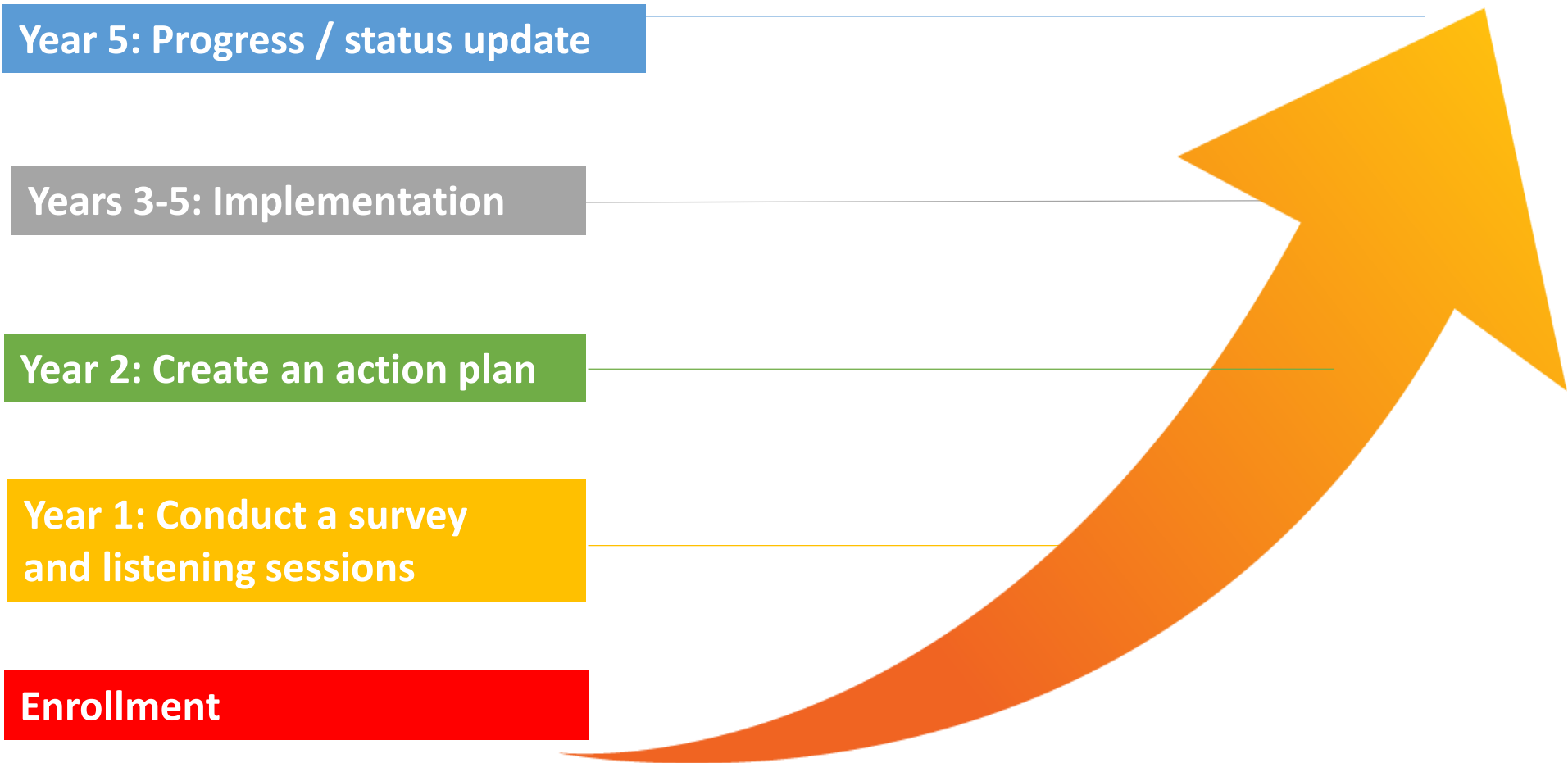
What makes a community a great place to live?



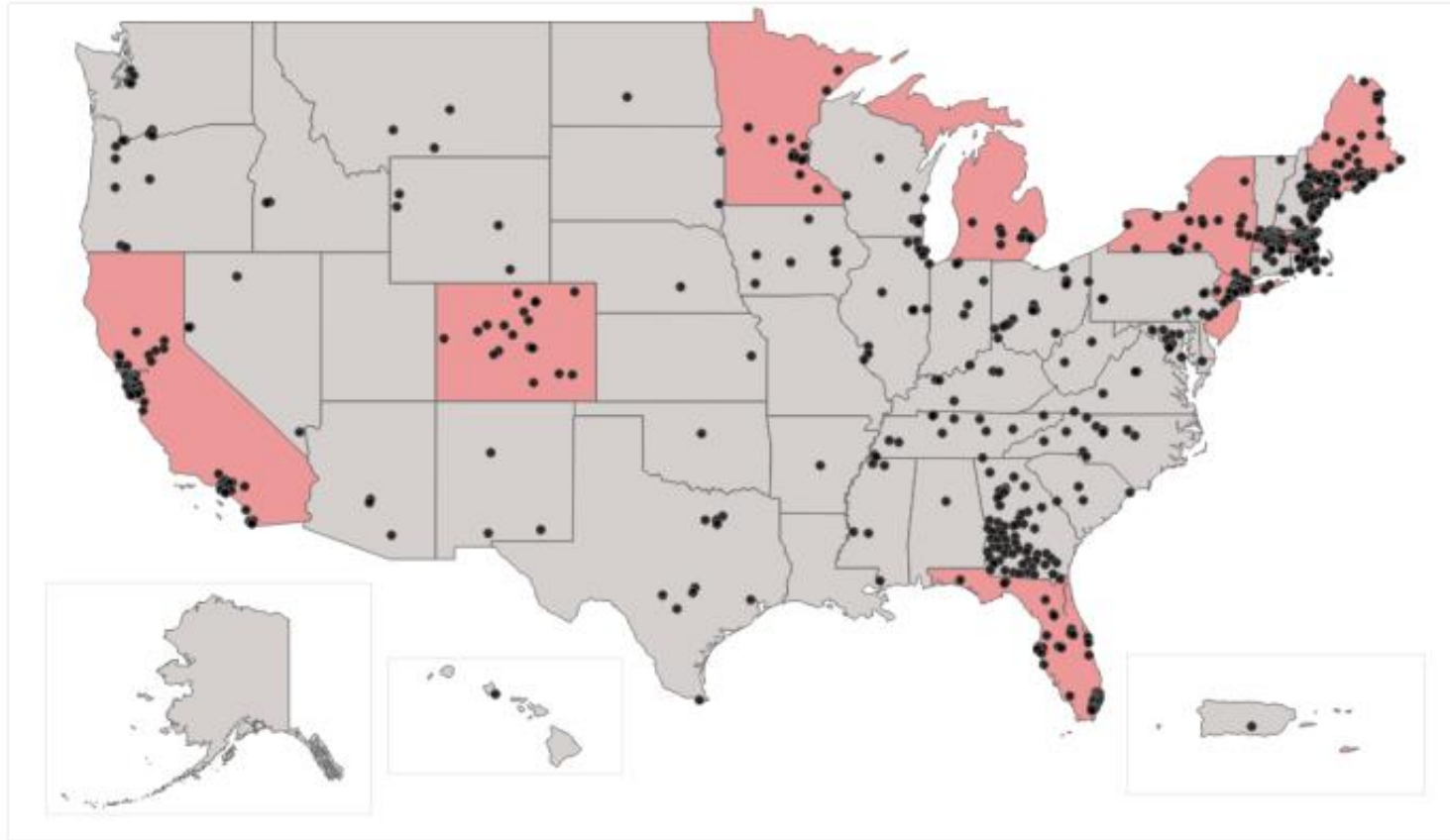
Other Areas

- Emergency Preparedness
- Elder abuse
- Public Safety
- Dementia-Friendly

Developing an age-friendly community: the process



Livable Communities Map



Age Friendly Communities

Nationwide

- 651 Communities
- 9 States
- US Virgin Islands

Massachusetts

- State Enrollment
- 98 Age-Friendly
 - 5 Regional Efforts
- 70 Dementia-Friendly Communities

View a listing of Age-Friendly Communities [AARP.org/livablemap](https://www.aarp.org/livablemap)

ReiMAging Aging

Planning Together
to Create an Age-Friendly
Future for Massachusetts

YEAR TWO PROGRESS REPORT



***ReiMAging Aging*, the Age-Friendly Massachusetts Action Plan which serves as the state's multiyear plan to make the Commonwealth more age- and dementia-friendly.**

Regional Collaboration

Transportation Strategies

- Expanding Crosstown Connection
- Providing Training to transit drivers and staff to better serve older adults with physical or cognitive limitations

Housing Strategies

- Expand housing choice and affordability
- Remove regulatory and financial barriers to Accessory Dwelling Units



https://www.mapc.org/wp-content/uploads/2020/04/MAGIC-Healthy-Aging-Healthy-Living_03312020.pdf

The American Rescue Plan Act of 2021 and Older Adults: Opportunities and Resources for Local Leaders

The American Rescue Plan Act of 2021 and Older Adults Opportunities and Resources for Local Leaders



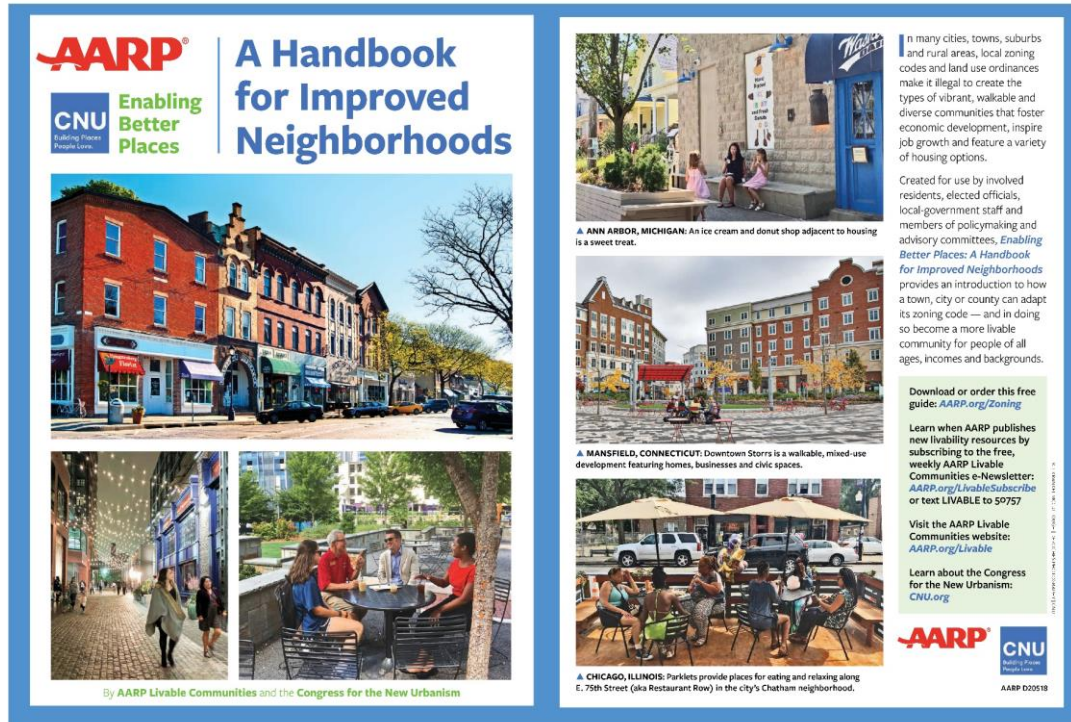
Prepared in partnership with AARP

- A report prepared by Funkhouser & Associates in partnership with AARP, highlights the ways local leaders can use the American Rescue Plan Act of 2021 to address community needs related to transit, mobility and open spaces; high-speed internet access; water, sewer and utility systems; housing and health.

Order or download via [AARP.org/livablelibrary](https://www.aarp.org/livablelibrary)

Enabling Better Places: A Handbook for Improved Neighborhoods

by **AARP Livable Communities** and the **Congress for the New Urbanism (CNU)**



Order or download via **[AARP.org/Zoning](https://www.aarp.org/Zoning)**

- A free, 24-page, information- and photo-filled publication about the types of small-scale, incremental policy changes that can be made without overhauling entire zoning codes and land use policies
- Explains why a community may want to change its zoning codes and rules, and how it can do so in ways that strengthen the local economy, promote equity, and support diversity and inclusion
- Includes photos or examples of locations in 15 states

ADU Model State Act and Local Ordinance

by AARP State Advocacy & Strategy Integration, Government Affairs



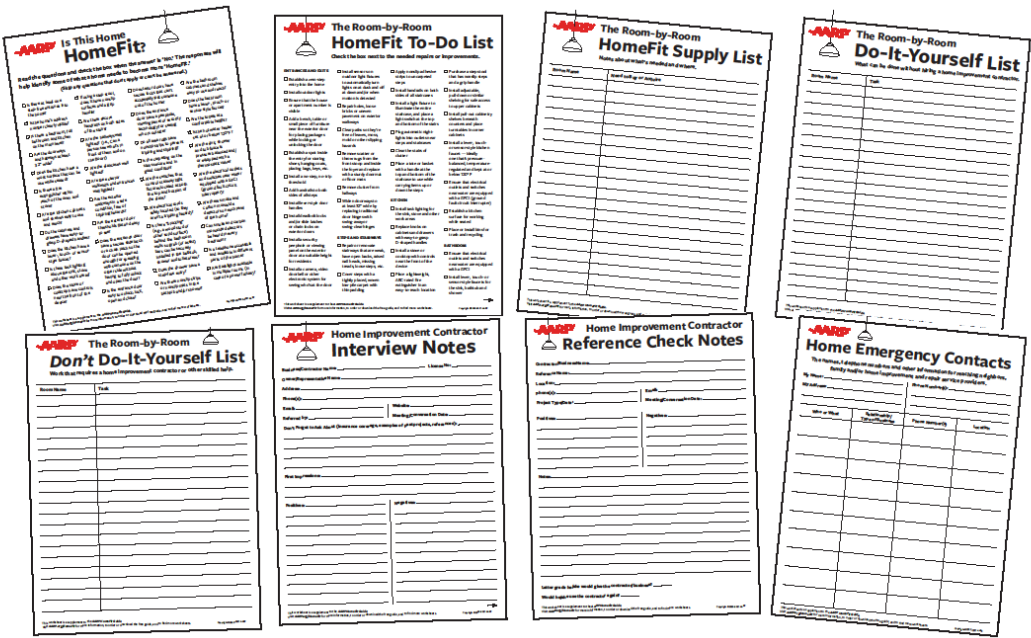
- AARP worked with the American Planning Association to develop model legislation — specifically, a state statute and a local ordinance — as a resource to assist planners and government officials in evaluating potential changes in state laws and local zoning codes.
- This publication is an update of that model legislation, which was released in the year 2000. This section provides an overview of what ADUs are and why they are so needed.
- **Model Local ADU Ordinance**
This model ordinance is designed for communities in places where state law allows for local ordinances authorizing and governing ADUs but does not impose any constraints on local governments.

Order or download via

[AARP.org/livable-communities/housing/info-2021/adu-model-state-act-and-local-ordinance.html](https://aarp.org/livable-communities/housing/info-2021/adu-model-state-act-and-local-ordinance.html)

AARP HomeFit Guide

Smart ways to make a home comfortable, safe and a great fit for older adults — and people of *all* ages



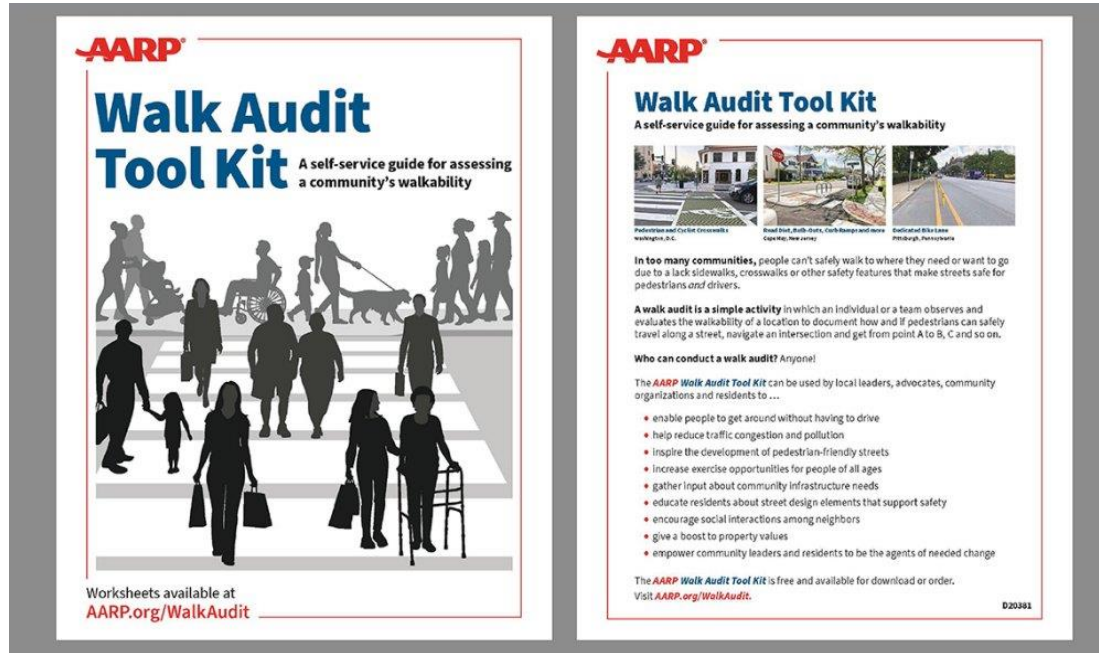
The Publication Available in English, Spanish, Chinese, Korean and Vietnamese

The Worksheets Available in English. Other languages coming soon.

Order or download via [AARP.org/HomeFit](https://www.aarp.org/HomeFit)



AARP Walk Audit Tool Kit



- Inspire the development of pedestrian-friendly streets
- Gather input about community infrastructure needs
- Educate residents about street design elements that support safety
- Increase exercise opportunities for people of all ages
- Encourage social interactions among neighbors
- Empower community leaders and residents to be the agents of needed change

The Publication and Worksheets

Order or download via **AARP.org/WalkAudit**



This guide includes resources and tools that community stakeholders can use to promote:

- Conversations
- Take action to reduce inequities
- Broaden the impact of local Age-and Dementia-Friendly initiatives
- Strengthen communities
- Improve access to services and opportunities

<http://mahealthyagingcollaborative.org/wp-content/uploads/2020/08/Healthy-Aging-for-All-2020.pdf>

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